

Cassie Palik MSN RN CCRN

Associate Instructor

PROFESSIONAL INTERESTS

- Simulation development and evaluation
 - Skills education and evaluation
 - Health Assessment education and evaluation
 - Nursing fundamentals education
 - Ethics and Advocacy Training
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PROFESSIONAL EXPERIENCE

University of Central Florida, Florida

Associate Instructor, College of Nursing

- Instruct In-person Health Assessment Course
- Instruct In-person Health Assessment Lab
- Instruct In-person Essentials Clinical

Marquette University Milwaukee, Wisconsin

Clinical Faculty, Clinical Coordinator- Direct Entry Master's Program

- Instruct In-person Hospital-based clinical.
- Instruct In-person simulation experiences.
- Instruct Fundamentals and Health Assessment skills lab.
- Course lead for Fundamentals and Health Assessment skills course
- Proposed course revisions
- Led course revamp and reorganization for the Fundamentals and Health Assessment skills course.
- Course Coordinate Profession Practice Nursing Clinical
- Mentoring New Faculty
- Mentoring and recommending students for future practice
- Participated in the development of the onboarding process.
- Participated in curriculum mapping.
- Participated in semester course realignment.
- Conducted site visits to affiliated clinical sites.
- Participated in the assessment and adjustment of simulated scenarios.

Ascension Hospital, Wisconsin

Registered Nurse, Intensive Care Unit

- Oversee care for critically ill patients including but not limited to:

CONTACT

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ABOUT ME

As a Marine Corps veteran with an analytical background in information and intelligence studies, I bring a unique perspective to nursing education. My clinical experiences are focused on high-acuity generalized patient populations. As an ICU nurse, I have held the position of preceptor, mentor, and charge RN. My leadership background has provided me with the skills to effectively gauge my audience and educate based on various learning styles and background knowledge. This has carried over well to my career in nursing education. During my four years at MU, I have found a passion for preparing our future nurses with the skills necessary to become the Marquette Nurse I so proudly represent. Much of my focus over the past year has been on improving the way we teach fundamental nursing skills throughout the program. This work has been implemented in the fundamental skills lab, clinical, and simulation orientations. While I plan to continue these efforts by expanding the opportunities for

- Sepsis/septic shock
- ARDS
- COVID-19
- Cardiogenic shock
- Post-op cardiac or vascular surgery
- CRRT/CVVH
- IABP
- Neurogenic shock
- DKA and HHS
- Thyroid storm
- CVA
- Cardiac Arrest
- Alcohol/Opioid Withdrawal
- Overdose
- Charge Nurse to include response team for rapid response or cardiac arrest calls.
- Responded to calls for ultrasound IV access throughout the hospital.
- Preceptor and mentor for new staff.

Trusted Health, Travel

Registered Nurse, Intensive Care Unit

- Oversee care for critically ill patients including but not limited to:
 - Sepsis/septic shock
 - ARDS
 - COVID-19
 - CRRT/CVVH
 - DKA and HHS
 - CVA
 - Cardiac Arrest
 - Alcohol/Opioid Withdrawal
 - Overdose
- Hospital-wide telemetry monitoring
- Responded to calls for ultrasound IV access throughout the hospital.
- Preceptor and mentor for new staff.

students to hone these skills; I also have an interest in becoming more involved in other areas of nursing education. My interests include simulation coordination, mentorship, and teaching our students more about what it means to be a well-informed patient advocate and care for patients in a holistic and individualized fashion.

EDUCATION

Marquette University
Milwaukee, WI • 2020
Master of Science: Nursing

University of Wisconsin - Milwaukee
Milwaukee, WI • 2018
Bachelor of Science: Information Studies

LICENSES/CERTS

Registered Nurse
Florida
Wisconsin
CCRN
BLS

PROJECTS

- Course Revamp: NURS 6013 Fundamentals and Health Assessment Skills lab
 - Develop weekly structure and materials for content review, practice, and skills check-off
 - Reformatted the template for the Final Physical Assessment to align with current practices and assist in memorization.
 - Developed case studies and exercises to solidify the students' learning of important concepts and skills.
 - Organize a lab layout that provides the students with a simulated patient room. This is equipped

with a nurse server giving them open access to equipment for familiarity and practice.

- Developed skills stations to make simulated practice more realistic. For example, stations set up for medication administration with written orders, protocols/parameters, and IVs attached to mannequin arms for administration practice.
- Conducted a course review and update for the introduction of ATI into the course resources. Quizzes and course materials were updated to reflect the students' ATI materials and current guidelines/practices.
- New Faculty Onboarding and Mentorship
 - Worked closely with another faculty member to develop a binder that will provide the new faculty member with written resources when becoming familiar with their role as a clinical faculty member.
 - Provided examples for the new faculty to develop a clinical orientation day based on their clinical site and the skill level of their students.
 - Instructed the student how to teach, demonstrate, and observe students for skills and health assessment check-offs. Observed the new faculty as they evaluated and gave feedback to students. Offer feedback on how to improve instruction to better meet the students' course objectives and educational goals.
 - Continue to support new faculty as they teach their first semester of clinical and lab. Remain available for questions and/or support.
- Simulation Orientation Organization
 - Worked closely with another faculty member to develop a system for a fluid skills practice system. This was intended to review the skills that will be required in simulation that semester. We also took into consideration the skills that will be required in clinical based on specialty and site.
 - Developed orders that can be utilized at the skills practice stations to create a realistic scenario. This helps the students gain comfort in reading orders and implementing interventions from the written orders.
 - Organized each section of students into groups of 2-3 students to ensure they had adequate time and resources to perform each skill without needing to wait for others to finish.
- Skills Orientation Day for incoming 6970 cohort
 - Worked closely with another faculty member to develop a system for a single-day skills review. This was intended as a review of pertinent skills required before starting their first clinical rotation.
 - Currently developing a skills review day that will take place after the students' break between

semesters. This will solidify their understanding of skills and assessments while providing the students opportunities to fine-tune their skills with the supervision and feedback of a faculty member.

UNIVERSITY SERVICE

- Clinical Course Coordinator Subcommittee- Member
 - DEMSN Curriculum Committee- Member
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MEMBERSHIPS/AFFILIATIONS

- NLN- National League of Nursing
 - AACN- American Association of Critical Care Nurses
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ADDITIONAL SKILLS

- Microsoft Word and PowerPoint – Expert
- Microsoft Excel – Proficient
- EPIC Electronic Medical Record- Proficient
- Cerner Electronic Medical Record- Proficient
- Alaris Pumps- Proficient
- Saphire Pumps- Proficient
- Plum Pumps- Proficient
- Omnicell Medication Dispensing system
- Pyxis Medication Dispensing System
- Laerdal 3G Mannequins and system- Proficient