

Curriculum Vitae
Kaitlyn Rechenberg, PhD, MPH, APRN

BUSINESS ADDRESS

Academic Health Sciences Center
College of Nursing
University of Central Florida
6825 Lake Nona Blvd
Orlando, FL 32827
Email: kaitlyn.rechenberg@ucf.edu

EDUCATION

- | | |
|------|---|
| 2018 | PhD, Nursing Science, Yale Graduate School of Arts and Sciences
New Haven, CT |
| 2015 | MPH, Chronic Disease Epidemiology, Yale School of Public Health
New Haven, CT |
| 2015 | MSN, Pediatric Nursing, Yale School of Nursing
New Haven, CT |
| 2011 | MA, Ethics, Yale Divinity School
New Haven, CT |
| 2009 | BA, Philosophy, Fordham University
<i>magna cum laude, in cursu honorem</i>
Bronx, NY |

POSTGRADUATE TRAINING

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|-------------|---|
| 2022 | Google UX Design Professional Certificate |
| 2017 - 2018 | KySS Child and Adolescent Mental Health Fellowship, Ohio State University School of Nursing |

PROFESSIONAL EXPERIENCE

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|-------------|---|
| 2025 - | Associate Professor with Tenure, University of Central Florida College of Nursing
Orlando, FL |
| 2024 - 2025 | Associate Professor with Tenure |
| 2018 - 2024 | Assistant Professor, Tenure-Track
University of South Florida College of Nursing
Tampa, FL, with a joint clinical appointment at the Department of Pediatrics, USF College of Medicine, Tampa, FL |

Clinical Positions and Appointments

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| 2021 - 2022 | Pediatric Nurse Practitioner, Division of Adolescent Medicine, Department of Pediatrics,
University of South Florida College of Medicine, Tampa, FL |
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- 2019 - 2022 Pediatric Nurse Practitioner, University Student Health Services, Department of Pediatrics, University of South Florida College of Medicine, Tampa, FL
- 2015 - 2018 Pediatric Nurse Practitioner, Black Rock Pediatrics, Fairfield, CT
- 2014 - 2017 Registered Nurse, Division of Pediatrics, Yale University Health Services, New Haven, CT

Teaching, Lecture

- 2018 - University of South Florida College of Nursing
 IDS4914, Advanced Undergraduate Research Experience, (Fall 2024/Spring 2025)
 NGR7766, Health Systems Leadership, 3 credits (Summer 2024)
 NGR6002, Advanced Health Assessment, 3 credits (Fall 2023/Spring 2024)
 NGR7930, Scientific Inquiry Forum, 1 credit (Fall 2022)
 Guest Lecture, Emerging Nurse Scientist Fellowship CV Workshop (06/2021)
 NGR6803, Research and Evidence-Based Practice, 3 credits (Spring 2020/Summer 2020)
 NGR7932, Qualitative Research Methods in Nursing, 3 credits (Spring 2020)
 NGR6339, Special Topics: Children and Adolescents, 3 credits (Fall 2019)
 NGR6310, Primary Care of Children and Adolescents, 3 credits (Spring 2019)
 NGR6673, Epidemiology for Advanced Nursing, 3 credits (Fall 2020)
- 2015 - 2018 Yale School of Nursing
 NURS635, Management of Common Pediatric Problems, 2 credits (Spring 2018)
 NURS740, Advanced Practice Health Assessment, 2 credits (Fall 2017)
 NURS746, Primary Care of Children, 2 credits (Spring 2017)
- 2014 - 2015 Yale College, Teaching Fellow
 PLSC257, Bioethics and Law, 1 credit, Spring 2015
 PHIL334, Bioethics: Freedom, Justice, and Religion, 1 credit, (Spring 2014/Fall 2014)

LICENSURE/CERTIFICATION

Licensure

- 2018 - Advanced Practice Registered Nurse, State of Florida (#APRN9478165)
 2018 - Registered Nurse, State of Florida (RN#9478165)
 2015 - 2018 Advanced Practice Registered Nurse, State of Connecticut
 2012 - 2018 Registered Nurse, State of Connecticut

Board Certification

- 2017 - Pediatric Primary Care Mental Health Specialist, Pediatric Nursing Certification Board
 2015 - Pediatric Primary Care Nurse Practitioner, Pediatric Nursing Certification Board

Other

- 2015 - Pediatric Advanced Life Support (PALS), American Heart Association
 2012 - Basic Life Support (BLS), American Heart Association

HONORS/AWARDS/MEMBERSHIPS IN HONORARY SOCIETIES

- 2025 Selected for 2025 NIH Summer Institute for Randomized Trials of Behavioral Interventions Program

2023	University of Florida, Best Paper in Mindfulness Award
2022	National Association of Pediatric Nurse Practitioners (NAPNAP) 2022 Clinical Research Poster Award
2021	Daisy Award for Extraordinary Nursing Faculty Nominee, University of South Florida College of Nursing
2017	McLeod Blue-Skye Conference Travel Award, Yale School of Nursing
2016	McLeod Blue-Skye Conference Travel Award, Yale School of Nursing
2015 - 2018	Jonas Foundation Nurse Leader Scholar
2015	Inducted into Sigma Theta Tau Honor Society of Nursing, Upsilon Chapter
2009	Inducted into Phi Beta Kappa, Alpha Sigma Nu, and Phi Kappa Phi
2005 - 2009	Honors Program, Fordham College at Rose Hill

RESEARCH

Doctoral Dissertation

Rechenberg, K. (2018). *“Anxiety and Type 1 diabetes are like cousins”: The experience of anxiety symptoms in youth with Type 1 diabetes*. Yale University, New Haven, CT.
Dissertation chair: Margaret Grey, PhD, RN, FAAN.

Funded Research Grants

Society of Pediatric Nurses

Write On! The effect of gratitude journaling on psychological and glycemic outcomes in adolescents with Type 1 diabetes.

2026-2027, Role: Mentor (PI: R. Koerner, University of South Florida)

Total costs for project period: \$2,000

Score: N/A

USF College of Nursing Dean’s Pilot Grant for Faculty Research

Adaptation of a Mindfulness Training Mobile Health Application for Young Adults with Early Onset Type 2 Diabetes, Role: PI

Total costs for project period: \$12,410

Score: N/A

NINR K23 NR019911-01A1

Mindfulness-based stress reduction in adolescents with Type 1 diabetes

2021-2025, Role: PI

Mentor: U. Menon, University of South Florida

Total costs for project period: \$407,231.00

Oncology Nursing Foundation (PI: H Wang, University of Alabama at Birmingham)
RE43 Cancer Health Disparities Research Grant
Reducing health disparity of physical functioning among young adult cancer patients of color
2021-2023, Role: Co-investigator
Total costs for project period: \$100,000.00

NCI R01 CA244947, (PI: H. Wang, University of Alabama at Birmingham)
A motion exergaming approach to promote self-management of fatigue and pain after head and neck cancer treatment
2019-2024, Role: Co-investigator
Total costs for project period: \$581,576.00

USF Pandemic Rapid Response Fund, (PI: U. Menon, University of South Florida)
USF Pandemic Rapid Response Registry
2020-2021, Role: Co-investigator
Total costs for period: \$25,000.00

NINR F31 NR017330-01A1
Anxiety in youth with Type 1 diabetes
2016-2018, Role: PI
Total costs for project period: \$143,074.00

NIDDK P20 NR014126, (PI: N. Redeker, Yale University)
Sleep, coping, and adjustment in adolescents with Type 1 diabetes
2016-2018, Role: Predoctoral trainee
Total costs for project period: \$284,912.00

NIDDK T32 DK097718, (PI: M. Grey, Yale University)
Multidisciplinary behavioral research training in Type 1 diabetes
2015-2017, Role: Predoctoral trainee
Total costs for project period: \$92,007.00

Submitted Research Grants

NIDDK R21 DK142084-01
Adaptation of a mindfulness-training mobile application for young adults living with early-onset Type 2 diabetes
2025-2028, Role: PI
Total costs for project period: \$550,755.00
Score: Under Review

NCCIH R01 AT013416
Efficacy of an asynchronous mindfulness training mHealth intervention in adolescents with Type 1 diabetes
2025-2029, Role: PI
Total costs for project period: \$2,818,082.00
Score: Under Review

NIDDK R01 DK143073

Efficacy of a mindfulness-training mobile health application in adolescents with Type 1 diabetes

2025-2029, Role: PI

Total costs for project period: \$2,560,407.00

Score: Under Review

NIDDK R21 DK142084

Adaptation of a mindfulness-training mobile application for young adults living with early-onset Type 2 diabetes

2024-2027, Role: PI

Total costs for project period: \$550,755.00

Score: Not discussed

NINR R21 NR4762067

Adaptation of a mindfulness-training mobile application for young adults with Type 2 diabetes

2023-2025, Role: PI

Total costs for project period: \$402,060.00

Score: Not discussed

NINR R21 NR020510

Adaptation of internet-based cognitive behavioral therapy for adolescents with Type 1 diabetes

2022-2024, Role: PI

Total costs for project period: \$411,125.00

Score: Not discussed

NINR R21 NR020213

PAfitTEEN for anxiety and depression in adolescents with Type 1 diabetes

2022-2024, Role: MPI

Total costs for project period: \$224,250.00

Score: 44

NINR K23 NR019911

Mindfulness-based stress reduction in adolescents with Type 1 diabetes

2021-2024, Role: PI

Total costs for project period: \$407,231.00

Score: Not discussed

USF College of Nursing Dean's Grant for Faculty Research

PAfitTEEN for anxiety and depression in adolescents with Type 1 diabetes

2020-2021, Role: PI

Total costs for project period: \$13,252

Score: N/A

NIDDK R21 DK123547-01A1

Cognitive behavioral therapy and anxiety symptoms in youth with Type 1 diabetes

2020-2022, Role: PI

Total costs for project period: \$411,125.00

Score: Not discussed

NIDDK R21 DK123547

Cognitive behavioral therapy and anxiety symptoms in youth with Type 1 diabetes

2020-2022, Role: PI

Total costs for project period: \$411,125.00

Score: 55

NIMHD R03 MD015120-01A1

The experience of Type 2 diabetes in Mexican immigrants

2020-2022, Role: PI

Total costs for project period: \$149,500.00

Score: Not discussed

NIMHD R03 MD015120

The experience of Type 2 diabetes in Mexican immigrants

2020-2022, Role: PI

Total costs for project period: \$149,500.00

Score: 37

USF Women's Health Collaborative Seed Grant

Self-management of Type 2 diabetes in Hispanic women with limited English proficiency, anxiety, and depression

2020-2021, Role: PI

Total costs for project period: \$13,800.00

Score: N/A

SNRS Research Grant Award

The experience of caring for a child with Type 1 diabetes in the school setting

2019-2020, Role: PI

Total costs for project period: \$7,191.00

Score: N/A

NINR L40 NR018770

Addressing anxiety symptoms in youth with Type 1 diabetes

2019-2021, Role: PI

Total costs for project period: \$80,000.00

Score: Not discussed

NAPNAP Foundation, Research Grant Program

Biological markers of stress and inflammation in youth with Type 1 diabetes

2019-2020, Role: PI

Total costs for project period: \$2,500.00

Score: N/A

NINR F31 NR017330

Anxiety in youth with Type 1 diabetes

2017-2019, Role: PI

Total costs for project period: \$143,074.00

Score: 30

INTELLECTUAL PROPERTY

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© Anxiety Symptoms in Diabetes Scale (ASDS) 2022. Rechenberg, K. All rights reserved.

PUBLICATIONS

Journal Articles [*Peer reviewed, #Data-based, ^Senior author, +with student]

1. *#Arthur, L., **Rechenberg, K.**, Geiss, C., Fulton, H., Essa, M., Arzola, S., Szalacha, L., & Menon, U. (Under Review). Cultural and social influences on experiences of sex and intimacy after cancer. *Culture, Health, and Sexuality*.
2. *#Arthur, L., **Rechenberg, K.**, Geiss, C., Fulton, H., Essa, M., Arzola, S., Szalacha, L., & Menon, U. (Under Review). Sexual healthcare interactions of women cancer survivors of minority groups and their partners. *Oncology Nursing Forum*.
3. *#Wang, H., Szalacha, L., **Rechenberg, K.**, Donovan, K., Padhya, T., Kirtane, K., Smith, E., Domante, J., Cadenas, J., Ksaibati, J., & Smith, B. (Under Review). Perceived threat in head and neck cancer patients during COVID-19 pandemic. *Psycho-Oncology*.
4. *#+Dandamrongrak, C., **Rechenberg, K.**, Johnson, A., Granger, J., & Kue, J. (Under Review). Does Executive Function Play a Role in Understanding the Relationship between Depressive Symptoms and Glycemic Control?: A Secondary Data Analysis. *Journal of Pediatric Nursing*.
5. *#^Koerner, R., & Rechenberg, K. (2025). Dispositional gratitude and psychosocial and glycemic outcomes in adolescents with type 1 diabetes. *The Science of Diabetes Self-management and Care*, 51(4), 375–381.
6. *^#Koerner, R., Rinaldi, K., Valente, O., Duffy, A., **Rechenberg, K.** (In Press). Comparing the prevalence of anxiety and depressive symptoms during pregnancy. *The Journal of Psychosocial Nursing and Mental Health Services*.
7. *^Koerner, R., Valente, O., Tao, A., **Rechenberg, K.** (In Press). Gratitude interventions in individuals with diabetes: An integrative review. *Holistic Nursing Practice*.
8. *#+ **Rechenberg, K.**, Koerner, R., Geiss, C., & Menon, U. (2024). “I’m Staring at the Screen All the Time”: Technology Use and Mindfulness in Adolescents with Type 1 Diabetes. *Comprehensive Child and Adolescent Nursing*, 1-17.
9. *#+**Rechenberg, K.**, Geiss, C., Koerner, R., Ríos, N., & Menon, U. (2024). “Diabetes is really simple on paper, but really complicated when you actually have it”: Understanding the daily stressors of adolescents living with Type 1 diabetes. *Journal for Specialists in Pediatric Nursing*, 29(2), e12424.
10. *+Dandamrongrak, C., **Rechenberg, K.**, Granger, J., Johnson, A., Yan, K., & Kue, J. (2024). The association between depressive symptoms and executive function in Type 1 diabetes population: A scoping review. *Primary Care Diabetes*. Advanced online publication. doi: 10.1016/j.pcd.2024.04.001

11. *#^+ Koerner, R., **Rechenberg, K.**, Rinaldi, K., & Duffy, A. (2024). Are Providers Adequately Screening for Anxiety Symptoms During Pregnancy? *Nursing for Women's Health*, 28(2), 109–116. <https://doi.org/10.1016/j.nwh.2023.09.007>.
12. *#Bugajski, A., Morgan, H., Wills, W., Jacklin, K., Alleyne, S., Kolta, B., Lengerich, A., & **Rechenberg, K.** (2023). Anxiety and depressive symptoms in patients with COPD: Modifiable explanatory factors. *Western Journal of Nursing Research*, 45(4), 316-326.
13. *#+Chavez, M., Marshall, V., Martinez-Tyson, D., Mason, T., & **Rechenberg, K.** (2023). Psychological impact of COVID-19 on oncology patients: Perceptions of oncology health care providers. *Western Journal of Nursing Research*, 45(2), 152-160. Online ahead of print. DOI: 10.1177/01939459221114634
14. *#^+Koerner, R. & **Rechenberg, K.** (2023). Psychosocial outcomes in adolescents with Type 1 diabetes: Associations with grade level and disease duration. *Journal of Pediatric Healthcare*, 37(1), 25-29.
15. *#**Rechenberg, K.** & Koerner, R. (2022). General anxiety, diabetes-specific anxiety, and quality of life in adolescents with Type 1 diabetes. *The Science of Diabetes Self-Management and Care*, 48(6), 469-475.
16. *^+Koerner, R. & **Rechenberg, K.** (2022). Mindfulness in adolescents and young adults with diabetes: An integrative review. *Complementary Therapies in Clinical Practice*. Online ahead of print: DOI: <https://doi.org/10.1016/j.ctcp.2022.101659>
17. *Arthur, L., Bissram, J., **Rechenberg, K.**, Wills, A., Campanelli, K., & Menon U. (2022). Sexual health and intimacy after cancer treatment in women of color: A systematic review. *Psycho-Oncology*, 31(10), 1637-1650. Online ahead of print. DOI: 10.1002/pon.6005
18. *#**Rechenberg, K.**, Szalacha, L., Bugajski, A. (2022). A self-report measure of diabetes-specific anxiety symptoms for adolescents. *Children's Health Care*, 1-15.
19. *#Bugajski, A., Szalacha, L., **Rechenberg, K.**, Johnson, A., Beckie, T., & Morgan, H. (2022). Psychometric evaluation of the Self-Care in Chronic Obstructive Pulmonary Disease Inventory in the United States. *Heart & Lung: The Journal of Critical Care*, 51, 1-8.
20. *Bernard, R., Sanford, S., Duffy, A., **Rechenberg, K.**, Lopez, M., Brown, K. (2022). Evaluating the impact of a school of nursing civility team. *Nurse Educator*, 47(3), 180-183.
21. *#Menon, U., Szalacha, L., Martinez, G., Graham, M., Pares-Avila, J., **Rechenberg, K.**, Stauber, L. (2022). Efficacy of a language-concordant health coaching intervention for Latinx with diabetes: A randomized clinical trial. *Patient Education & Counseling*, 105(7), 2174-2182.
22. *+**Rechenberg, K.** & Koerner, R. (2021). Cognitive behavioral therapy in adolescents with Type 1 diabetes: An integrative review. *Journal of Pediatric Nursing*, 60, 190-197.
23. *#Kue, J., Szalacha, L., **Rechenberg, K.**, Nolan, T., & Menon, U. (2021). Communication among Southeast Asian mothers and daughters about cervical cancer prevention. *Nursing Research*, 70(5S), S73-S83.

24. *#+Chavez, M., Marshall, V., Martinez-Tyson, D., Mason, T., Schwab, L., & **Rechenberg, K.** (2021). Oncology health care providers' perception of the psychological impact of COVID-19 among oncology patients. *Cancer Care Research Online*. DOI: <https://doi.org/10.21203/rs.3.rs-331588/v1>
25. *#**Rechenberg, K.**, Szalacha, L., Martinez, G., Graham, M., Stauber, L., & Menon, U. (2021). Feasibility and acceptability of a language-concordant health coaching intervention delivered by nurses for Latinx with Type 2 diabetes. *Worldviews in Evidence Based Nursing*, 18, 210-216.
26. *#+**Rechenberg, K.**, Cousin, L., & Redwine, L. (2020). Mindfulness, anxiety symptoms, and quality of life in heart failure. *Journal of Cardiovascular Nursing*, 35(4), 358-363.
27. *#**Rechenberg, K.**, Griggs, S., Jeon, S., Redeker, N., Yaggi, H., & Grey, M. (2020). Sleep and glycemia in youth with type 1 diabetes. *Journal of Pediatric Healthcare*, 34(4), 315-327.
28. *#Bugajski, A., Frazier, S. K., Cousin, L., **Rechenberg, K.**, Brown, J., Lengerich, A. J., ... & Lennie, T. A. (2019). Effects of a Digital Self-care Intervention in Adults with COPD: A Pilot Study. *Western Journal of Nursing Research*, 00(0), 1-11.
29. *#**Rechenberg, K.**, Szalacha, L., Salloum, A., & Grey, M. (2019). State and trait anxiety and diabetes outcomes in youth with type 1 diabetes. *Diabetes Educator*, 45(5), 477-483.
30. Smith, L., Terry, A., Bollepalli, S., **Rechenberg, K.** (2019). School-based management of pediatric type 1 diabetes: Recommendations, advances, and gaps in knowledge. *Current Diabetes Reports*, 19(37), 1-6.
31. *#**Rechenberg, K.**, Grey, M., & Sadler, L. (2018). "Anxiety and type 1 diabetes are like cousins": The experience of anxiety symptoms in youth with Type 1 diabetes. *Research in Nursing and Health*, 41(6), 544-554.
32. *#**Rechenberg, K.**, Whittemore, R., Holland, M., & Grey, M. (2017). General and diabetes-specific stress in adolescents with type 1 diabetes. *Diabetes Research and Clinical Practice*, 130, 1-8.
33. *#**Rechenberg, K.**, Whittemore, R., & Grey, M. (2017). Anxiety in youth with type 1 diabetes. *Journal of Pediatric Nursing*, 32, 64-71.
34. *#**Rechenberg, K.**, Whittemore, R., Grey, M., & Jaser, S. (2016). Contribution of income to self-management and health outcomes in pediatric type 1 diabetes. *Pediatric Diabetes*, 17, 120-126.
35. *#**Rechenberg, K.**, Grey, M., & Sadler, L. (2016). Stress and posttraumatic stress in mothers of children with type 1 diabetes. *Journal of Family Nursing*, 23, 201-225.
36. *#**Rechenberg, K.** (2016). Nutritional interventions in clinical depression. *Clinical Psychological Science*, 4, 144-162.
37. **Rechenberg, K.** & Humphries, D. (2013). Nutritional interventions in perinatal depression. *The Yale Journal of Biology and Medicine*, 86, 127-139.

Books, Textbooks, Chapters

1. Grey, M. & **Rechenberg, K.** Self-management of chronic illness in teens. In Grady, P. A., & Hinshaw, A. S. (Eds.). (2017). Using nursing research to shape health policy. New York, NY: Springer Publishing Company.

Published Abstracts: Research, Peer Reviewed [#Data-based, ^Senior author, +with student]

1. **#+Rechenberg, K.** & Koerner, R. (2022). Anxiety and depressive symptoms in adolescents with Type 1 diabetes. *Journal of Pediatric Healthcare*.
2. **#Grey, M. & Rechenberg, K.** (2018). Sleep and glycemia in adolescents with Type 1 diabetes. *Diabetes*, 67(S1).
3. **#Rechenberg, K.**, Grey, M., & Sadler, L. (2018). Anxiety in adolescents with Type 1 diabetes. *Diabetes*, 67(S1).
4. **#Joiner, K. L., Rechenberg, K.**, Jeon, S., & Grey, M. (2017). Sleep quality and glycemic control in adolescents with type 1 diabetes. *Diabetes*, 66, A222.

Presentations: Podium/Poster (national, regional, local) [#Data-based, ^Senior author, +with student]

1. Koerner, R., Telese, S., **Rechenberg, K.** (Under review). Sleep and Diabetes Management in Adolescents with Type 1 Diabetes. Southern Nursing Research Society Annual Conference. Austin, Texas.
2. Koerner, R., Valente, O., **Rechenberg, K.** (Under Review). Balancing Books and Blood Glucose: School Stressors and Type 1 Diabetes Management. Society for Pediatric Nurses Annual Conference. Orlando, Florida.
3. **Rechenberg, K.** & Koerner, R. (Under Review). Feasibility and acceptability of a mindfulness-training mobile Health application for adolescents with anxiety symptoms and Type 1 diabetes. National Association of Pediatric Nurse Practitioners 2025 Virtual Symposium. October, 2025.
4. **#^+Telese, S., Koerner, R., Rechenberg, K.** (February, 2025). Exploring the Role of Age of Diagnosis in Type 1 Diabetes: Effects on Sleep and Quality of Life. USF Health Research Day. University of South Florida. Tampa, Florida.
5. **#^+Valente, O., Koerner, R., Rechenberg, K.** (February, 2025). Impact of the School Setting on Diabetes Management. USF Health Research Day. University of South Florida. Tampa, Florida.
6. **#Rechenberg, K.** & Koerner, R. (Under Review). A mindfulness-training mobile health application in Adolescents with Type 1 diabetes. Sigma Congress.
7. **#Koerner, R., Heskett, M., Rechenberg, K.** Exploring Patient Experiences on Reddit as an Affective Learning Tool. National League for Nursing Conference. (Accepted). September 2025. Orlando, FL.
8. **#Rechenberg, K.**, Koerner, R., & Szalacha, L. (February, 2025). Mindfulness-training in Adolescents with Type 1 diabetes. Southern Nursing Research Society Annual Conference, Memphis, TN.

9. #Koerner, R., **Rechenberg, K.**, & Szalacha, L. (March, 2025). Dispositional gratitude in adolescents with Type 1 diabetes. National Association of Pediatric Nurse Practitioners Annual Conference, Chicago, IL. Podium presentation.
10. #**Rechenberg, K.** & Koerner, R. (2024, May). Technology use in adolescents with Type 1 diabetes and anxiety. UConn Center for mHealth and Social Media Annual Conference, Storrs, CT. Podium presentation.
11. #^Dandamrongrak, C., **Rechenberg, K.**, Granger, J., Johnson, A., Yan, K. & Kue, J. (2024, March 1). The association between depressive symptoms and executive function in type 1 diabetes population: A scoping review. The 2024 USF Health Research Day, Marshall Center, University of South Florida, Tampa, Florida.
12. #**Rechenberg, K.** & Geiss, C. (2024). Managing the Everyday Stress of Living with Diabetes in Teens with Type 1 Diabetes. Southern Nursing Research Society Annual Conference. Charlotte, North Carolina.
13. #^Koerner, R., **Rechenberg, K.**, Rinaldi, K., Duffy, A. (Under review). Comparing Anxiety Symptoms to Diagnosis Among Healthcare Providers. Southern Nursing Research Society Annual Conference. Charlotte, North Carolina.
14. #Wang, H. L., Szalacha, L., Smith, E. L., **Rechenberg, K.**, Padhya, T., Kirtane, K., & Smith, B. (2023, April). Mental Health Risks Among Head and Neck Cancer Patients During COVID-19 Pandemic. In *ONS 48th Annual Congress*.
15. #+**Rechenberg, K.**, & Koerner, R. (2023, March). Developing a mindfulness training mobile health application for adolescents with Type 1 diabetes. National Association of Pediatric Nurse Practitioners 2023 Annual Conference.
16. #Wang, H., Szalacha, L., Cadenas, J. N., **Rechenberg, K.**, Donovan, K. A., Padhya, T., Kirtane, K., Smith, E. M. L., Damonte, J., Ksaibati, J., & Smith, B. (2022, April). "Perceived Threat of Coronavirus (COVID-19) among Head and Neck Cancer Patients." Poster presented at the Society of Behavioral Medicine's 43rd Annual Meeting & Scientific Sessions, Baltimore, MD.
17. #**Rechenberg, K.** & Szalacha, L. (2022, April). Validation of a measure of diabetes-specific anxiety symptoms. Podium presentation accepted at Society of Behavioral Medicine annual conference, Baltimore, MD.
18. #+**Rechenberg, K.** & Koerner, R. (2022, April). Contribution of general and diabetes-specific anxiety symptoms to quality of life in adolescents with Type 1 diabetes. Poster presentation accepted at Society of Behavioral Medicine annual conference, Baltimore, MD.
19. **Rechenberg, K.**, Szalacha, L., & Menon, U. (2022, March). Adapting mindfulness-based stress reduction for adolescents with Type 1 diabetes. Poster presentation accepted at National Association of Pediatric Nurse Practitioners 2022 annual conference.
20. #^+Maynard, T. & **Rechenberg, K.** (2022, March). Implementation of the Postpartum Bonding Questionnaire in a Pediatric Primary Care Complex Clinic. Poster presentation accepted at National Association of Pediatric Nurse Practitioners 2022 annual conference.

21. #+**Rechenberg, K.** & Koerner, R. (2022, March). Anxiety and depressive symptoms in adolescents with Type 1 diabetes. Research podium presentation accepted at National Association of Pediatric Nurse Practitioners 2022 annual conference.
22. #**Rechenberg, K.** & Weiss, A. (2022, March). Mindfulness techniques for stress and anxiety in adolescents with Type 1 diabetes. Poster presentation accepted at Society for Adolescent Health and Medicine 2022 annual conference.
23. +**Rechenberg, K.** & Koerner, R. (2022, February). Cognitive behavioral therapy in adolescents with Type 1 diabetes: An integrative review. Submitted to USF Health 2022 Research Day, Tampa, FL.
24. #+Bugajski, A., Courtney, E., Lengerich, A., **Rechenberg, K.**, Wills, W., & Szalacha, L. (2021). Modifiable Predictors of Anxiety and Depressive Symptoms in Those with Chronic Obstructive Pulmonary Disease. In TP67. Symptoms, quality of life, and caregiver engagement in pulmonary critical care, and sleep (pp. A3189-A3189). American Thoracic Society.
25. #+Marshall, V.K., Chavez, M., Martinez Tyson, D., Mason, T.M., **Rechenberg, K.** (2021, May). Oncology health care providers' perceptions of the psychological impact of COVID-19 on oncology patients. Invited podium presentation at Oncology Nursing Society of Greater Tampa Chapter Meeting, Tampa, FL.
26. #Wang, H., Donovan, K., Padhya, T., Szalacha, L., **Rechenberg, K.**, & Smith, B. (2021, June). Symptoms, biological stress response, and physical function after exergaming activities among advanced-stage cancer patients. Poster presentation accepted at the American College of Sports Medicine annual meeting, virtual.
27. #+**Rechenberg, K.** & Koerner, R. (2021, March). Validation of a measure of diabetes-specific anxiety. Poster presentation accepted at the National Association of Pediatric Nurse Practitioners annual conference, Orlando, FL.
28. #**Rechenberg, K.**, Szalacha, L., Martinez, G., Graham, M., Menon, U. (2021, February). Health coaching for alleviating depressive symptoms in Latinx with Type 2 diabetes. Poster presentation accepted to Southern Nursing Research Association annual conference, virtual.
29. #**Rechenberg, K.**, Szalacha, L., Martinez, G., Graham, M., Menon, U. (2021, February). Developing a Spanish-based chronic care coaching intervention for nurse practitioners. Podium presentation accepted to Southern Nursing Research Association annual conference, virtual.
30. #+Chavez, M., Marshall, V., Martinez-Tyson, D., Mason, T., Schwab, L., & **Rechenberg, K.** (2021, February). Uncertainty upon uncertainty: The psychological impact of cancer and COVID-19 among oncology patients. Poster presentation accepted to USF Health Research Day, Tampa, FL.
31. #**Rechenberg, K.**, Szalacha, L., Martinez, G., Graham, M., & Menon, U. (2020, March). Developing a Spanish-based chronic care coaching intervention for Latinx with Type 2 diabetes delivered by nursing students and nurse practitioners. Podium presentation accepted at Southern Nursing Research Association Annual Conference, New Orleans, LA, (conference cancelled due to COVID-19).

32. #Kue, J., Szalacha, L., **Rechenberg, K.**, Nolan, T., & Menon, U. (2020, October). Cervical cancer, pap testing, and intergenerational communication: An exploratory community-engaged study with Southeast Asian women. Podium presentation accepted at the American Public Health Association's Annual Meeting and Expo, San Francisco, CA.
33. #Griggs, S., Doyle, E., **Rechenberg, K.**, & Grey, M. (2019, October). Sleep and glucose patterns in youth with type 1 diabetes. Podium presentation accepted at the Council for the Advancement of Nursing Science annual conference, Washington, DC.
34. **#Rechenberg, K.** & Redwine, L. (2019, March). Mindfulness, anxiety symptoms, and quality of life in heart failure. Podium presentation accepted at Southern Nursing Research Association annual conference, Orlando, FL.
35. ^+Donahue, E. & **Rechenberg, K.** (2019, February). The impact of anxiety symptoms on physiologic and psychosocial outcomes in youth with type 1 diabetes. Poster presentation accepted at USF Health Research Day, Tampa, FL.
36. ^+Lindemulder, L., & **Rechenberg, K.** (2019, February). Cognitive behavioral therapy and diabetes management. Poster presentation accepted at USF Health Research Day, Tampa, FL.
37. **#Rechenberg, K.**, Grey, M., & Sadler, L. (2018, June). The experience of anxiety symptoms in youth with type 1 diabetes. Poster presentation accepted at American Diabetes Association annual conference, Orlando, FL.
38. **#Rechenberg, K.** & Grey, M. (2018, June). Sleep and glycemia in adolescents with type 1 diabetes. Poster presentation accepted at American Diabetes Association annual conference, Orlando, FL.
39. **#Rechenberg, K.** & Grey, M. (2018, April). The connections between sleep and anxiety symptoms in youth with type 1 diabetes. Poster presentation accepted at Yale Center for Sleep Disturbance in Acute and Chronic Conditions conference, New Haven, CT.
40. **#Rechenberg, K.** & Grey, M. (2018, April). Sleep and glycemia in adolescents with type 1 diabetes. Poster presentation accepted at Yale Center for Sleep Disturbance in Acute and Chronic Conditions conference, New Haven, CT.
41. **Rechenberg, K.**, Grey, M., & Sadler, L. (2018, April). Stress and posttraumatic stress in mothers of children with type 1 diabetes. Poster presentation accepted at Eastern Nursing Research Society annual conference, Newark, NJ.
42. **#Rechenberg, K.**, Joiner, K. L., Slavin, M., & Grey, M. (2017, April). Sleep, coping, and adjustment in youth with type 1 diabetes. Poster presentation accepted at Yale Center for Sleep Disturbance in Acute and Chronic Conditions conference, New Haven, CT.
43. #Joiner, K. L., **Rechenberg, K.**, Jeon, S., & Grey, M. (2017, June). Sleep quality and glycemia in adolescents with type 1 diabetes. Podium presentation accepted at American Diabetes Association annual conference, San Diego, CA.
44. #Joiner, K., L., **Rechenberg, K.**, Jeon, S., & Grey, M. (2016, April). Glycemic control and sleep assessments in adolescents with type 1 diabetes. Podium presentation accepted at Society of Behavioral Medicine annual conference, Washington, DC.

45. #Rechenberg, K. & Grey, M. (2016, April). Sleep and glycemic control in adolescents with type 1 diabetes. Yale Center for Sleep Disturbance in Acute and Chronic Conditions conference, New Haven, CT.

MEMBERSHIPS IN PROFESSIONAL & SCIENTIFIC SOCIETIES

National

- 2020 - Society of Behavioral Medicine
2018 - Sigma Theta Tau
2016 - 2018 American Nurses Association
2014 - National Association of Pediatric Nurse Practitioners
2014 - 2018 Society of Pediatric Nurses

Regional

- 2018 - Southern Nursing Research Society
2015-2018 Eastern Nursing Research Society

PROFESSIONAL ACTIVITIES

National & Regional Activities

- 2024 - 2026 Editorial Board Member, *Research in Nursing and Health* Journal (RINAH)
- 2025 American Institute of Biological Sciences
Grant Reviewer, Tiny Blue Dot Foundation
- 2024 Breakthrough T1D (Formerly Juvenile Diabetes Research Foundation)
Grant Reviewer, Strategic Research Agreement Proposal
- 2024 Oncology Nursing Foundation
Grant Reviewer, Oncology Nursing Foundation Research Grant (RE03/RE33)
- 2023 Oncology Nursing Foundation
Grant Reviewer, Oncology Nursing Foundation Research Grant (RE03/RE33)
- 2022 Oncology Nursing Foundation
Grant Reviewer, Oncology Nursing Foundation Research Grant (RE03/RE33)
- 2022 Pediatric Nursing Certification Board
Pediatric Mental Health Specialist Form Review Committee
- 2022 Breakthrough T1D (Formerly Juvenile Diabetes Research Foundation)
Grant Reviewer, Strategic Research Agreement Proposal
- 2021 - National Association of Pediatric Nurse Practitioners (NAPNAP)
Member, Research Committee
Abstract Reviewer, NAPNAP 2023 National Conference
Abstract Reviewer, NAPNAP 2022 National Conference

- 2021 Oncology Nursing Foundation
Grant Reviewer, Oncology Nursing Foundation RE03 Research Grant
- 2019 - Southern Nursing Research Society (SNRS)
Abstract Reviewer, SNRS 2024, Annual Conference
Abstract Reviewer, SNRS 2022 Annual Conference
Abstract Reviewer, SNRS 2021 Annual Conference
Abstract Reviewer, SNRS 2020 Annual Conference
- 2018 - Pediatric Nursing Certification Board
Member, Pediatric Mental Health Specialist Exam Committee (2019-Present)
Item Writer, Pediatric Mental Health Specialist Exam (2018-Present)
- 2018 - 2022 Yale University Alumni Service Committee
Regional Interviewer (2018-2020)
Member, Tampa Bay Committee

University & College Activities

- 2024 Research Mentor, Emerging Nurse Scientist Fellowship Program, USF College of Nursing
- 2021 - 2022 Educational Design and Technology Task Force, USF College of Nursing
Member (2021-2022)
- 2020 - 2025 Appointments, Promotion, Tenure Committee, USF College of Nursing
Member (2020-2025)
- 2020 - 2025 Nominating Committee, USF College of Nursing
Member (2020-2025)
- 2020 - 2022 Evaluation Committee, USF College of Nursing
Member (2020-2022)
- 2020 - 2021 Institutional Review Board Reviewer, USF College of Nursing
Reviewer (2020-2021)
- 2019 USF Health, Office of Research
Abstract Reviewer, USF Health Research Day 2021
Abstract Reviewer, USF Health Research Day 2020
Abstract Reviewer, USF Health Research Day 2019
- 2018 - 2025 PhD Committee, USF College of Nursing
Committee Chair (2022-2023)
Member (2018- 2025)
- 2018 - 2020 Diversity Committee, USF College of Nursing
Executive Board Member, Membership Manager (2019-2020)
Member (2018-2020)

Ad hoc Reviewer

Acta Paediatrica

American Journal of Preventative Medicine

BMC Pediatrics

Children's Health Care

European Journal of Sports Science

International Journal of Adolescence and Youth

Journal of Pediatric Nursing

PsychoOncology

Research in Nursing and Health

Worldviews on Evidence Based Nursing