



Supaporn Pathumanon, MSN, PMHNP-BC, RN

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Professional Summary

Compassionate and experienced Psychiatric Mental Health Nurse Practitioner (PMHNP-BC) and Nurse Educator with over 13 years of nursing experience in diverse behavioral health and academic settings. Demonstrated expertise in mental health assessment, psychoeducation, interdisciplinary collaboration, and evidence-based therapeutic interventions. Skilled in curriculum development and mentoring nursing students, with a passion for advancing nursing education and promoting holistic, patient-centered care.

Education

Doctor of Philosophy in Nursing Science (PhD)
University of Central Florida, Orlando, FL
2024 – Present

Master of Science in Nursing – Psychiatric Mental Health Nurse Practitioner (PMHNP)
New York University, New York, NY
2020 – 2024

Bachelor of Science in Nursing (2nd Class Honors)
Srisavarindhira Thai Red Cross Institute of Nursing, Bangkok, Thailand
2007 – 2011

Licensure & Certifications

- PMHNP-BC – Board Certified Psychiatric Mental Health Nurse Practitioner
- Registered Nurse – New York State
- CPR/BLS Certified

Professional Experience

- CHE Behavioral Health Services – New York
- NYCH /Jacobi Medical Center- New York

Psychiatric Mental Health Nurse Practitioner | May 2024 – Present

- Deliver comprehensive psychiatric evaluations and develop individualized treatment plans.
- Monitor therapeutic progress and medication effectiveness in diverse populations.
- Educate patients and families to foster treatment, adherence and understanding.
- Private Practice (Online Telehealth) – New York, NY

Psychiatric Mental Health Nurse Practitioner – Psychotherapy & Medication Management | May 2024 – Present

- Provide online mental health care using holistic and evidence-based approaches.
- Monitor medication regimens and document patient progress.
- Integrate mindfulness strategies and trauma-informed care into practice.
- CHE Behavioral Health Services – New York

Behavioral Health Nurse | Dec 2023 – Present

- Conduct thorough mental health evaluations and implement evidence-based interventions.
- Collaborate with a multidisciplinary team to ensure integrated and patient-centered care.
- Contribute to innovations in behavioral health protocols and safety initiatives.
- NYCH /Jacobi Medical Center- New York

Registered Nurse | May 2021 – Oct 2023

- Delivered long-term care in a skilled nursing setting, focusing on medication management and care planning.
- Reduced readmission rates through patient education and early intervention.
- Chulabhorn Royal Academy – Bangkok, Thailand

Nurse Lecturer | Sep 2019 – Dec 2020

- Designed and delivered nursing curricula aligned with international standards.
- Mentored over 50 nursing students and integrated simulation-based learning.
- Conducted educational research and participated in curriculum evaluation and revision.
- Chulabhorn Royal Academy – Bangkok, Thailand

Psychiatric Nurse | Apr 2011 – Sep 2019

- Provided direct psychiatric care including crisis intervention and therapy.
- Participated in multidisciplinary treatment planning and outcome tracking.
- Championed patient advocacy and therapeutic communication strategies.
- Manarom Hospital – Bangkok, Thailand

Academic Awards & Honors

- Poster Presentation, Sigma Theta Tau Theta Epsilon Chapter 33rd Annual Scholarship Day, April 1, 2025

Title: Evaluating the Effectiveness of Mindfulness-Based Therapy in Reducing Anxiety and Depression Among Adolescents

- PIPELINE Scholarship Recipient – University of Central Florida
- Graduated with Second Class Honors – Srisavarindhira Thai Red Cross Institute of Nursing, Bangkok, Thailand.

Skills

- Mental Health Assessment
- Psychoeducation & Therapeutic Communication
- Curriculum Design & Teaching
- EPIC & Electronic Health Records
- Microsoft Office Suite (Word, Excel, PowerPoint)

Languages

- English (Proficient)
- Thai (Native)

References

Karnchana Barker

Assistant Nurse Coordinator Care (ANCC) – BronxCare Health System

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Professional Memberships

- American Association of Nurse Practitioners (AANP)
- American Nurses Association (ANA)