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DAVID AYANGBA ASAKITOGUM
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EDUCATION AND TRAINING

University of Central Florida, Orlando, FL, USA	Sep. 2024 - date
Post Doctoral Fellowship (Design and Conduct of Intervention Studies)	
University of California San Francisco, CA, USA	Sep. 2021 – Jun. 2024
Doctor of Philosophy (PhD)	
University of Miami, USA	Sep. – Oct. 2023
Design and Management of Cancer Clinical Trials	
University of Washington, USA	April – June 2020
Leadership and Management in Health	
University of Ghana, Legon, Ghana	2016 – 2018
Master of Philosophy in Nursing (MPhil)	
University of Ghana, Legon, Ghana	2010 – 2012
BSc in Nursing with First Class Honours	
Bolgatanga Nursing Training College, Bolgatanga, Ghana	2003 – 2006
Registered General Nursing with First Class Honours	

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PROFESSIONAL EXPERIENCE

Teaching Experience

University of California, San Francisco (UCSF), CA, USA

Teaching Assistant (TA)

- Monitored Collaborative Learning Environment (CLE).
- Facilitated virtual group discussions.
- Facilitated in-person lecture discussions.
- Created course content.
- Created learning assessment questions and conducted quiz.
- Held office hours for students.
- Graded all assignments.

Classes

Symptom Assessment and Management	Jan. – March 2024
Assessment and Management of Common Psychiatric Symptoms	Sep. – Dec. 2023
Foundations in Nursing Scholarship	April – June 2023
Racism, Justice, and Health Care	Jan. – March 2023
Advanced Physiology and Pathophysiology	Sep. – Dec. 2022
Foundations in Nursing Scholarship	April – June 2022

Presbyterian Nursing and Midwifery Training College, Bawku, Ghana

2012 – 2021

Full-Time Lecturer: Courses taught included:

- **Nursing Courses:** First Aid Emergency and Disaster Nursing, Surgical Nursing, Advanced Nursing and Medical Nursing.
- **Midwifery Courses:** Gynaecological Conditions and Sexual Transmitted Infections Management, Anatomy and Physiology of Female Reproductive System.
- **Non-Nursing Courses:** Research Techniques, African Studies, Microbiology Infection Control, and Introductory Sociology.

Nursing and Midwifery Training College, Nalerigu, Ghana

2009 – 2010

- **Part-Time Lecturer;** taught and assessed students in Basic Nursing.

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Clinical Experience

Presbyterian Health Services, North, Gambaga, Ghana 2008 – 2012

Clinical Nurse with prescription role:

- Rendered nursing care to patients using the nursing care process (assessed patients, made concrete nursing diagnoses, planned care, implemented nursing interventions to meet patient needs, and evaluated patients' responses to care given) in a safe therapeutic patient care environment.
- Provided medical care to patients using sound medical diagnoses through patient-focused consultation and timely referred patients to the next level of medical care for optimum patient care.
- Served as a preceptor to nurse and community health trainees.

Presbyterian Health Services – North, Gambaga, Ghana 2009 – 2010
Sub-District Health Manager:

- Successfully liaised and coordinated all health service activities in the Langbinsi subdistrict.
- Implemented national health programs (i.e., Tuberculosis (TB) control, HIV/AIDs Prevention, and Malaria Control) and submitted reports timely.
- Designed and implemented Cerebro-Spinal Meningitis (CSM) control drama series which reduced CSM cases in the subdistrict by 70% in 2009.
- Participated in clinical and community audits of all maternal deaths in the district and made recommendations that improved maternal health care in the East Mamprusi District.

Ghana Health Services, Zebilla District Hospital, Ghana 2007 – 2008
Rotation Nurse:

- Practiced patient clinical consultation and diagnosis with Dr William Gudu.
- Planned and designed implementable individualised nursing care plans with the Nurse Manager (Victoria Afibia) which reduced patient hospital stay by 2 days.
- Participated in clinical audits of institutional deaths and established care protocols which won the hospital best health care facility in the country.

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Research Experience

University of California, San Francisco, CA, USA

2022 – 2024

Graduate Student Researcher

- Conducted literature reviews and synthesized information for HIV and COVID-19 Research Projects.
- Collected and managed data for HIV and COVID-19 Research Projects.
- Analysed data and prepared manuscripts for publication.
- Recruitment and enrolment of participants for COVID and Mental Health Research Study.
- Keep track of study documentation and reporting.

Principal Investigator

- Designed and managed Ph.D. dissertation “Evaluation of inter-individual differences in fatigue and energy levels and their relationships with other common symptoms and quality of life outcomes in patients with gynaecologic cancers”. June 2024, <https://escholarship.org/uc/item/4k08k0p8>

Principal Investigator

- Designed and managed a dissertation on “Women’s experiences with traditional and orthodox management of cervical cancer in the Accra Metropolis”. Master of Philosophy Degree in Nursing, Dissertation submitted to University of Ghana, July 2018.

Principal Investigator

- Designed and managed a dissertation on “Knowledge, attitude, and practice of pregnant women on cervical cancer and screening at Bongo District Hospital”. A Bachelor of Science dissertation submitted to the School of Nursing, University of Ghana, May 2012.

PROFESSIONAL AFFILIATIONS

Member, American Association for Cancer Research	2024 to Present
Member, Multinational Association of Supportive Cancer Care	2024 to Present
Member, Sigma Theta Tau International	2024 to Present

Member, Ghana Registered Nurses and Midwives Association (GRNMA). 2007 to Present
Member, Nurse Educators Group (NEG) Ghana. 2012 to Present
Member, Health Tutors Association of Ghana (HETAG). 2018 to Present
Registered Nurse, Nursing and Midwifery Council of Ghana 2007 to Present

LEADERSHIP AND ORGANIZATIONAL ACCOMPLISHMENTS

Council Member, St. Tera Avila Catholic Church, San Francisco 2022 – 2023

- Successfully renovated the church, put up church garden, and maintained energy green star status as a church.

Vice President, External, UCSF Graduate and Professional Students Association (UCSF-GPSA) 2022 – 2023

- Attended UCSF-GPSA monthly meetings, represented UCSF-GPSA as a Council Member at University of California Graduate and Professional Council (UCGPC), established Free MUNI Pass in the Bay area for students.

Member, UCSF Student Health Advisory Committee 2022 – 2023

- Attended monthly meetings, advocated for removal of students' copayment bills.

Council Member, Associated Students of Graduate Division, UCSF 2021 – 2022

- Successfully organized the 2022 40 hours/week for 9 weeks Summer Internship Program for High School students who were interested in pursuing science as a career.

Presbyterian Nursing and Midwifery Training College: Bawku

Secretary, Strategic Development Planning Committee: February – April 2019

- Successfully developed a five (5) year strategic development plan for the College.

Academic Officer: 2015 – 2016

- Cordially coordinated Tutors and teaching activities during the period.
- Successfully registered students for two academic years.
- Prepared academic transcripts over the period.
- Prepared and presented annual academic reports to the College Board.

Clinical Coordinator: 2013 – 2015

- Prepared clinical schedules for students.
- Prepared clinical supervision schedules for Tutors.
- Liaise with hospitals' nurse managers for students' clinical sessions placement.

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- Coordinated internal and external clinical examinations.
- Gender Focal Person:** 2013 – 2016
- Ensured gender parity (50:50) in favour of ladies in the College admissions.
 - Ensured Gender Harassment Free Environment on campus in favour of ladies.
- Vice Chairman, Ghana Registered Nurses and Midwives Association, Bawku Municipal** 2016 - 2020
- Instituted local policy for addressing work hazards for members.
 - Established send-off party for retired nurses.
 - Organised and facilitated continues professional development training for members.
- President, Kandiga Development Association (KANDA)** 2012 - 2015
- Pioneered and developed a development plan for the Kandiga community.
- Member, Educational Committee of University of Ghana Students Association-School of Nursing (UGHASA-SON), University of Ghana:** 2011 – 2012
- Developed a plan of action for student’s health education activities.
 - Organized health educational activities in the Legon community.

VOLUNTARY SERVICES

- Two-time Volunteer at St. Anthony Catholic Church, San Francisco** Mar. May 2024
- Served over 2,500 plates of food to homeless people
- Facilitator, American Dental Education Association (ADEA) Annual High School Outreach Conference, UCSF** April 2024
- Motivated over 200 High School students through presentation and demonstration of “Breathing” at the Breathing Table for School of Nursing during the Conference
- Mabia Ghana, Bolgatanga, Ghana**
- Assisted Program Organiser:** 2013 - 2015
- Organised women in Bawku West District and Bolgatanga Municipality for cervical cancer screening and vaccination.
 - Gave health education to women during screening.
 - Screened over 1500 women, assisted treated many for vagina warts, cervical lesions, and referred 12 advanced cervical cancer cases.

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Association of Church-based Development Projects (ACDEP), 2008 - 2010
Tamale, Ghana

Institutional Programs Coordinator:

- Ensured the formation of five (5) HIV Peer Educator Clubs in Langbinsi community.
- Established adolescents' corner in Langbinsi Health Centre.
- Facilitated in the formation of Traditional Medicine Practitioners Association in Langbinsi subdistrict.
- Trained over 15 Traditional medicine Practitioners on signs of anaemia, dehydration, complicated labour, etc for purposes of quick referrals to health facilities.

AWARDS AND SCHOLARSHIPS

University of California, San Francisco, CA, USA Sep. 2021 – Jun. 2024

School of Nursing Doctoral Scholarship **\$189,000**

Africa Interdisciplinary Health Conference, Nairobi, Kenya AUG. 9 – 11, 2023

Professor Janet Gross Award for Best Student Abstract **Certificate**

Oncology Nursing Foundation, USA 2023 – 2024

Ph.D. Scholarship **\$7,500**

University of California San Francisco, CA, USA 2022 – 2024

Global Cancer Fellowship **\$14,000**

University of California San Francisco, CA, USA 2022-2023

Chao Endowed Global Health Nursing Scholarship **\$5,032**

University of California San Francisco, CA, USA 2021-2022

Styles Nursing International Scholarship **\$2,500**

University of Ghana, Legon, Ghana 2017 – 2018

Graduate Students Association of Ghana (GRASAG) Scholarship **GHC 1000.00**

Bolgatanga Nursing Training College, Bolgatanga, Ghana 2003 – 2006

Presbyterian Health Services Sponsorship **GHC 700.00**

WORKSHOPS AND CONFERENCES

1. 11th Annual Symposium on Global Cancer Research (April 4-6, 2023). Participant
2. California State University-Office of International Programs Faculty Seminar at the University of Ghana. Theme: “Ghana Calls”. 11 – 15 June 2018. Participant.
3. University of Ghana, College of Health Sciences 3rd Biennial Public Lecture. Theme: “Suicide; An Emerging Epidemic in Ghana” at British Council Hall, Ghana, 2017. Participant
4. Health Systems Research workshop, organized by Netherlands Initiative for Capacity Building for Higher Education Institutions (NICHE 102) at In-Service Training Centre, Wa, 9 – 13 February 2015. Participant.
5. Clinical Methods of Teaching and Gender Integration Mainstreaming workshop, organized by Netherlands Initiative Capacity Building for Higher Education Institution (NICHE 102) at University for Development Studies International Conference Centre (UDS-ICC), Tamale, 21 – 25 October 2013. Participant.

PRESENTATIONS

(Presenting author in bold)

1. **Asakitogum D.A.**, Alamian A., and Loerzel V. Differences in Fatigue, Sleep Disturbance, and Quality of Life in Middle Aged and Older Adults with Cancer prior to Cancer Treatment. Abstract accepted for presentation at American Association for Cancer Research Conference, April 25 – 30, 2025. Chicago, IL, USA
2. **Asakitogum D.A.**, Nutor J.J., Hammer M., Pozzar R., and Miaskowski C. Morning fatigue profiles, co-occurring symptoms, and quality of life outcomes in patients with gynecologic cancers. A poster presentation at UCSF Health-Clinical Inquiry Conference, 28 February 2024.
3. **Asakitogum A. D.**, Nutor J. J., Thompson G. A. R., Alhassan K. R., and Gyamerah. O. A. Impact of Covid-19 on HIV Care: A Qualitative Study Among People Living with HIV and Healthcare Providers in the Volta Region of Ghana. Oral presentation at the 6th Annual Africa Interdisciplinary Health Conference (AfIHC), Nairobi, Kenya, August 9, 2023

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4. **Asakitogum A. D.**, Nutor J. J., Kober K., Paul S., Cooper B., and Miaskowski C. Differences in quality of life (QOL) between gynecologic cancer patients with and without pain. A poster presentation at UCSF Health-Clinical Inquiry Conference, 29-30 March 2023
5. **Asakitogum A. D.**, Ohene L. A., and Aziato L. The journey of getting cervical cancer diagnosis: Experiences of women in Accra, Ghana. Oral presentation at the 5th Annual Africa Interdisciplinary Health Conference (AfIHC), Accra, Ghana, July 15, 2022
6. **Asakitogum A. D.**, Dede C. and Aziato L. Pregnant Women Knowledge, Beliefs and Myths about Cervical Cancer. Accepted abstract for oral presentation at Margaret Scott Wright Research Day, University of Alberta, Canada; November 2017
7. **Asakitogum A. D.**, Naab F. and Aziato L. Effects of Cancer Myths on Cancer Care. Oral presentation at African Studies Association of Africa (ASAA) 2nd Biannual Conference, University of Ghana, Legon, October 2017
8. **Asakitogum A. D.**, Ohene L. A. and Aziato L. Women’s experiences with traditional and orthodox management of cervical cancer proposal. Oral presentation at Association of African Universities (AAU) Annual Conference, Association of African Universities Secretariat, Accra, June 2017

ADVOCACY

1. Two-Time UC Regent StAR. I advocated for 1) the Abolishment of Non-residence Fees for international students, and 2) for UC to provide “Walk-in Healthcare Service” for students at UC systemwide. October 2022 and January 2023.
2. A Panellist for a panel discussion “Finding the Appropriate Program and University with Scholarship Abroad” at the 5th annual Africa Interdisciplinary Health Conference (AfIHC), Accra, Ghana, July 14, 2022
3. Talk on “Program Selection and Career Pathways” to final year students at Amenga-etego JHS, Kandiga JHS, and Akurigu Daboo JHS, June 2019.
4. Talk on “Importance of Education and Good Health” to students at Basic Schools in Kandiga since 2018.
5. Radio talk on “Identification of Allergies and First Aid Management” and “Cervical Cancer Awareness Creation” on health and wellness show, Radio Universe, University of Ghana Campus 2018, and Ural-radio Bolgatanga.
6. Health education on “Cervical Cancer Screening and Vaccination” at Bongo District Hospital, Bawku Hospital OPD, Mabia Ghana, since 2012.

7. Health education on “Personal Hygiene and Menstrual Care” once every year at Amengatego Primary and JHS since 2005.

PUBLICATIONS:

1. **Asakitogum A. D.**, Nutor J.J., Hammer M., Pozzar R., Cooper B. A., Paul S. M., Conley Y. P., Levine J. D., and Miaskowski C. Distinct Morning and Evening Fatigue Profiles in Patients with Gynecologic Cancers Receiving Chemotherapy. Accepted in Oncology Nursing Forum, August 2024.
2. **Asakitogum D. A.**, Nutor J.J., Hammer M., Pozzar R., and Miaskowski C. Decrements in Morning and Evening Energy are Associated with a Higher Symptom Burden in Patients with Gynecologic Cancers Receiving Chemotherapy. November 2024 [Cancer Nursing](#) DOI: [10.1097/NCC.0000000000001420](https://doi.org/10.1097/NCC.0000000000001420)
3. **Asakitogum A. D.**, Nutor J.J., Hammer M., Pozzar R., and Miaskowski C. Multidimensional Model of Energy in Patients with Cancer. *Seminars in Oncology Nursing*. 2024 Jun;40(3):151644. doi: 10.1016/j.soncn.2024.151644.
4. Nutor J.J., Alhassan R.K., Thompson R.G.A., **Asakitogum A.D.**, Duah H.O., Tiarney D.R., Nkothula N., Ntombifikile K., Agyemang S.O., and Gyamerah A.O. Depression and its associated factors among people living with HIV in the Volta region of Ghana. *PLOS Mental Health*, 2024. e0000035. <https://doi.org/10.1371>
5. Miaskowski C., Yvette P. C., Levine J. D., Cooper B. A., Paul S. M., Hammer M. J., Oppegaard K., Harris C., Shin J., Abrams G., **Asakitogum D.**, Fu M. R., and Alismal S. Chronic Decrements in Energy in Women with Breast Cancer are Associated with Cytokine Gene Polymorphisms. *Seminars in Oncology Nursing*, <https://doi.org/10.1016/j.soncn.2024.151652> .
6. **Asakitogum D.A.**, Nutor J.J., Thompson R.G.A., Alhassan R.K., and Gyamerah A.O. Impact of COVID-19 on people living with HIV and HIV care: A qualitative study in the Volta Region of Ghana. *PLOS Global Public Health*. 2024;4(3): e0003017.
7. Nutor, J.J., Thompson, G.A.R., Alhassan, K.R., **Asakitogum, D.A.**, et al., The association of HIV-related stigma and psychosocial factors and HIV treatment outcomes among people living with HIV in the Volta region of Ghana: A mixed-methods study. *PLOS Global Public Health*, 2024. 4(2): p. e0002994.
8. **Asakitogum A. D.**, Nutor J.J., Hammer M., Pozzar R., and Miaskowski C. Systematic Review of the Literature on Multiple Co-occurring Symptoms in Patients Receiving Treatment for Gynecologic Cancers. *Seminars in Oncology Nursing*, 2024. P 15157
9. **Asakitogum, D.A.**, Aziato L., and Ohene L. A. Ghanaian women beliefs on the causes, prevention and treatment of cervical cancer: A qualitative study. *International Journal of Africa Nursing Sciences*, 2023. **18**: p. 100538.