

CAROLINE M. GRIFFIN, DNP, MBA, FNP-C, PMHNP-BC

Indian Harbour Beach, Florida 32937 | 321-482-4645 | cmgriffin39@gmail.com

Professional Summary

Dedicated dual certified doctorly prepared family and psychiatric mental health nurse practitioner MBA leader with proven strengths in acute, primary, and psychiatric patient care management in healthcare, staff development, transformational leadership, and patient advocacy. Displays an exceptional aptitude to deliver positive patient outcomes in a fast-paced environment while simultaneously building productive relationships. Demonstrates the ability to lead and motivate outstanding health care teams. Known for exceptional interpersonal and communication skills, the ability to manage competing priorities, as well as maintaining accurate and efficient documentation.

Skills

- Creative problem solver with excellent communication and team building capabilities.
- Educator of various clinical disciplines including nursing, psychology, and social work
- Advanced assessment skills and strong clinical judgment
- Strong interviewing skills and clinical judgment to determine if disorder has a physiological or emotional basis.
- Specialty areas include addiction, depression, anxiety disorders, mood disorders, post-traumatic stress disorder, and psychosis.
- Additional areas of expertise include women's health, nutrition, mobility, and dementia.
- Spanish language: professional proficiency in oral and written.
- Computer proficiencies in MS Word, MS Excel, Outlook, Canvas, Blackboard, and a variety of EMR systems

Certifications

- American Nurses Credentialing Center, PMHNP-BC, issued 10/2019
- American Academy of Nurse Practitioners, FNP-C, issued 04/2014
- BLS, current

Education

Master's in Business - healthcare management, 2022

Fitchburg State University, Fitchburg, Massachusetts

Doctor of Nursing Practice, 08/2019

University of North Florida, Jacksonville, Florida

- Psychiatric Mental Health Nurse Practitioner Specialty

Master of Science in Nursing, 05/2014

Florida Atlantic University, Boca Raton, Florida

- Family Nurse Practitioner Specialty

Bachelor of Science, 06/1998

University of Vermont, Burlington, Vermont

Licensure

- Advanced Practice Nurse, Full Practice, States of Florida, New Hampshire, and Vermont
- Registered Nurse, Nurse Licensure Compact (NLC),

Professional Experience

Faculty Lecturer

University of Central Florida 01/2024-present

- Provide lectures, clinical supervision, and training to enhance academic and nursing skills.
- Develop and facilitate lesson plans to stimulate critical thinking.
- Adhere to college philosophy, curriculum, program outcomes, and course objectives through clinical and didactic teaching for students.
- Create student-centered assignments for each class to ensure maximum learning and knowledge retention.
- Target student learning objectives to adhere to state and national nursing standards.
- Coordinate clinical experiences and collaborate with facility staff in the clinical setting.
- Incorporate evidence-based care into the practice environment to stimulate learning while ensuring high quality care for the patient.
- Integrate technology into training and individualize activities based on diverse learning needs.
- Oversee graduate and undergraduate thesis development
- Review Scholarship applications and evaluate award criteria
- Evaluate student clinical performance and provide constructive feedback throughout the term.
- Appraise test questions and imbed Next Gen NCLEX practice into curriculum
- Participate in department meetings and collaborate with nurse leadership.

Psychiatric Mental Health Nurse Practitioner and Inpatient Clinical Administrator

Circles of Care, Melbourne, Florida, 10/2019 to 12/2023

- Provide psychiatric care in a busy 26-bed adult inpatient unit with coverage as needed in 24 bed adult/24 bed geriatric, 18 bed children/adolescents, and 50 bed adult crisis stabilization unit in a state receiving facility.
- Psychiatric consultation in an adolescent forensic residential setting.
- Responsible for evidence-based assessment, planning, implementation, and evaluation of the plan of care for patients suffering mental health crisis and/or addictive illness.
- Complete health history, health risk assessment, physical examination, psychiatric evaluation, treatment plan, counseling, and medication management.
- Demonstrate clinical excellence in the care of individuals diagnosed with psychiatric disorders such as depression, bipolar disorder, neurocognitive and developmental disorders, schizophrenia, and substance abuse disorders.
Perform physical, mental health screenings to include the Clinical Opiate Withdrawal Scale (COWS), and Clinical Institute Withdrawal Assessment for Alcohol (CIWA) assessments
- Help patients manage their emotions through de-escalation techniques; participation in milieu management and working to ensure safety for all staff and clients.

- Educate patients' families about mental illness, substance abuse, and treatment.
- Fully versed on the current drug therapies with detailed knowledge of prescribed medications and their therapeutic applications
- Provide clinical leadership, foster superior quality consumer care, standardize clinical protocols, develop clinical strategic vision and further the mission.
- Oversee the development, implementation, and monitoring of clinical standards for psychiatric mental health nurse practitioners, nurses, and other clinical disciplines.
- Supervise various departments including Psychology, Social Work, AT/OT, and Infection Control.
- Coordinate Preceptor program with various universities and train students obtaining APRN degrees.
- In collaboration with others in leadership, develop operational plans for clinical support areas, communicate and continuously evaluate plans.
- Participate and provide reports in Executive Leadership and other agency meetings.

Family Nurse Practitioner

Circles of Care, Melbourne, Florida, 10/2017 to 10/2019

- Contribute to quality initiatives to advance standards of care excellence, improve workflow processes, and positively impact patient outcomes as a member of the Medical Executive committee, Risk and Quality committee, and Infectious Disease committee.
- As a Family Nurse Practitioner, rounded on all admitted clients within 24 hours of admission to the child/adolescent, adult, and geriatric unit and completed health history, physical examination, and provided medical care for acute and chronic conditions.
- Prescribed appropriate evidence-based interventions including ordering and evaluating diagnostic and laboratory testing, as well as prescribing appropriate pharmacologic and non-pharmacologic treatments.
- Collaborated with Occupational Therapists to provide functional mobility assessments.

Adjunct Clinical Instructor

University of Central Florida, Orlando, Florida, 08/2017 to 05/2019

- Adhere to college philosophy, curriculum, program outcomes, and course objectives through clinical and didactic teaching for students.
- Create student-centered assignments for each class to ensure maximum learning and knowledge retention.
- Coordinate clinical experiences and collaborate with facility staff in the clinical setting.
- Assign patients to student's care based on clinical objectives for each session.
- Evaluate student clinical performance and provide constructive feedback throughout the term.

Adjunct Clinical Instructor

Eastern Florida State College, Melbourne, Florida, 08/2016 to 05/2017

- Same responsibilities as the above adjunct clinical instructor position

Family Nurse Practitioner

Family Practice of Suntree, Suntree, Florida, 06/2016 to 06/2017

- Perform complete health history, comprehensive physical examination, establish diagnosis and treatment of acute and chronic illness with a focus on health promotion and disease prevention.
- Prescribe appropriate evidence-based interventions including ordering and evaluating diagnostic and laboratory testing, as well as prescribing appropriate pharmacologic and non-pharmacologic treatments.
- Establishes meaningful relationships with patients by addressing their individual health, psychosocial, educational, and cultural care needs.
- Promotes the highest quality of patient care through application of fair and equitable policies and evidence-based practice guidelines in collaboration with other health team members.

Family Nurse Practitioner

Brevard Health Alliance, Malabar, Florida, 07/2014 to 07/2016

- Provide comprehensive primary care and prevention based on the medical home model of the FQHC.
- Demonstrate clinical excellence in women's health examinations as well as community outreach to underserved patients via a medical mobile van.
- Demonstrate culturally competent care and therapeutic communication skills that elicit patient cooperation; Spanish language spoken to 50% of established patient population.
- Provided leadership for inter-professional healthcare team members ensuring health and wellbeing of patients through excellence in patient care, teaching and evidence-based practice
- Demonstrate flexibility in problem solving and bridging the gap of communication between administration and staff.
- Consistently met productivity metrics and PI standards

Previous Professional Experience

Registered Nurse / Infusion Center

Melbourne Internal Medical Center, Melbourne, Florida, 05/2012 to 05/2013

Registered Nurse / Trauma / PCU/Oncology/Medical Surgical

Holmes Regional Medical Center, Melbourne, Florida, 07/2010 to 03/2013 & 08/2008 to 04/2009

Registered Nurse / Supervisor / Pulmonary

Medical Associates of Brevard, Melbourne, Florida, 04/2009 to 07/2010

Registered Nurse / School Nurse

Bellows Falls Union Highschool, Bellows Falls, Vermont, 06/2005 to 08/2008

Registered Nurse- variable units

Holmes Regional Medical Center 2000-2005

Registered Nurse

U.S Peace Corps/ Ecuador 1998-2000

Affiliations

- American Nurses Association, ANA

- American Association of Nurse Practitioners, AANP
- Florida Nurses association, FNA

Community Service

- FAU/ Nursing Heart Guatemala, 2013 to Present
- Brevard Rescue Mission, 2016 to 2019
- Space Coast Volunteers in Medicine, 2011 to 2019
- Medical Aid to Haiti, 2016
- US Peace Corp, 1998 to 2000

Interests

- I enjoy volunteerism, travel, cooking, reading, and spending time outdoors in nature