ANGELA WHEAT

BSN, MSN, DNP, RN, CDCES

Atlanta, GA

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Healthcare professional with thirteen years of experience within the healthcare field, inpatient and ambulatory; specializing in care management, diabetes care and management, and diabetes education. Combining chronic care management expertise with healthcare navigation to assist in disease management, medication management, and patient education in promotion of optimal healthcare outcomes.

Advisor on the American Diabetes Association's Diabetes Self-Management Education & Support Interest Group Leadership Team.

Undergraduate nursing educator with five years of experience in academia; combining didactic learning with practical lab, simulation, and clinical experiences. Competencies include Nursing Assessment, Adult Health Nursing (Medical-Surgical Nursing), Pharmacology (Diabetes and Endocrine consultant), and Nursing Care of the Older Adult (Gerontology). Special interest and involvement in curriculum evaluation and development; active member of the Curriculum Committee within the Nursing Department and University Academic Affairs Committee.

Education

Brenau University, Aug 2021-June 2023

• Doctor of Nursing Practice in Leadership and Management

Brenau University, Aug 2017 to June 2019

• Master of Nursing Education, June 2019

Brenau University, Aug 2006 to May 2011

- Bachelor of Science-Nursing, May 3, 2011
- Magna Cum Laude
- Nursing GPA 4.0 Overall GPA 3.81
- Sigma Theta Tau Honor Society of Nursing
- Brenau Nurse Scholar

- Steven W. Newell Award (highest nursing GPA)
- Who's Who Among Students in American Universities and Colleges

Professional Experience

University of Central, College of Nursing, Orlando, FL

Associate Professor of Nursing, August 2024 to present

Brenau University, Mary Inez Grindle School of Nursing, Gainesville, GA

Assistant Professor of Adult Health Nursing, August 2019 to August 2024

Assistant Professor of Nursing Care of the Older Adult, *August 2019-December 2019 & May 2020-July 2020*

Northeast Georgia Medical Center, Gainesville, GA

Registered Nurse/Diabetes Educator, PRN, December 2023 to Present

- The inpatient diabetes educator is responsible for collaborating with nurses, physicians, pharmacists, and other medical staff regarding inpatient diabetes management.
- The inpatient diabetes educator is guided by the ADA Standards of Care.
- The inpatient diabetes educator provides oversight of insulin pump therapy for patients with continued insulin pump therapy while inpatient.
- The diabetes educator is available to health care providers for assistance with diabetes related concerns and management of patients, providing prudent and individualized diabetes management recommendation based upon ADA Standards of Care.

Glytec, LLC, Greenville, SC

Clinical Support Consultant, Per Diem, July 2023 to Present

 Glytec is the insulin management software company for healthcare systems focused on improving the quality and cost of care. Its FDA-cleared titration software, proprietary algorithms, and innovative analytics tools power the delivery of personalized diabetes treatment recommendations across the continuum of care, from hospital to home.
Glytec insulin management software improves outcomes and controls costs for the large population of patients requiring insulin treatment, including those with and without a diagnosis of diabetes.

Northeast Georgia Medical Center, Gainesville, GA

Patient Centered Care Manager, August 2019 to June 2022

• Providing Care Management Services to patients who meet criteria established by the Centers for Medicare and Medicaid Services, in conjunction with the health care systems goals for positive patient outcomes. Focusing on care transitions from inpatient and/or specialty services to primary care services in promotion of optimal health and risk reduction.

Northeast Georgia Physicians Group, Oakwood, GA

Registered Nurse/Patient Centered Care Manager, August 2016 to August 2019

 Providing diabetes education and management assistance to Northeast Georgia Physicians Group patient panel with HbA1c ≥8.0%; population health management of patient panel with diagnoses of diabetes. Providing education and assistance to Northeast Georgia Physicians Group physicians and staff regarding diabetes disease processes and management thereof, including medication management. Utilization of ADA Standards of Care for diabetes and AACE disease management algorithm in promotion of optimal patient outcomes.

Northeast Georgia Medical Center, Gainesville, GA

Registered Nurse/Diabetes Educator, December 2014 to August 2016

- The inpatient diabetes educator is responsible for collaborating with nurses, physicians, pharmacists, and other medical staff regarding inpatient diabetes management.
- The inpatient diabetes educator is guided by the ADA Standards of Care.
- The inpatient diabetes educator provides oversight of insulin pump therapy for patients who continue insulin pump therapy while inpatient.
- The diabetes educator is available to health care providers for assistance with diabetes related concerns and management of patients, providing prudent and individualized diabetes management recommendation based upon ADA Standards of Care.

Northeast Georgia Physicians Group, Oakwood, GA

Registered Nurse/Patient Centered Care Manager, June 2013 to December 2014

 The Patient Centered Care Manager is a novice position, created as the organization began obtainment toward Medical Home status. The position requires RN-BSN credentials and entails patient education regarding newly diagnosed and/or current disease processes in an effort to affect outcomes, decrease medical expenditure, and contain cost. The primary focus of care management was diabetes education for newly diagnosed and currently diagnosed patients with a diagnosis of diabetes, pre-diabetes, type 1 diabetes and type 2 diabetes.

- A system-wide goal for hemoglobin A1c of less than 7% for the entire patient population was implemented; during my employment, greater than 50% of the patient population I oversaw had met the glycemic goal set forth by the organization.
- The central goal of care coordination is health care navigation and assistance of patients regarding their healthcare needs. The Medical Home and Patient Centered Care Management are not new concepts, however, in this new patient outcome health care era, Medical Home status and Patient Centered Care Management are imperative with respect to optimal patient care, reimbursement, and health care dollar savings.

Northeast Georgia Medical Center, Gainesville, GA

Registered Nurse, June 2012 to June 2013

 Employed as a Registered Nurse on a Mother-Baby unit. Responsibilities include providing nursing care for 3-5 mother-infant couplets; a 6-10 patient load responsibility. Nursing care includes assessment of mothers and infants post-delivery and thereafter, maternal assessment and management post vaginal and/or cesarean delivery, maternal and infant medication delivery and management, management of emergent situations regarding maternal and/or infant health, and correspondence and collaboration with obstetricians, pediatricians, and nurse-midwives regarding patient care.

Northeast Georgia Medical Center, Gainesville, GA

Registered Nurse, June 2011 to June 2012

• Employed as a registered nurse on a medical-surgical unit. Responsibilities include caring and advocating for 5-6 patients per shift, assessing patients, administering medication to patients, providing wound care, providing post-surgical care, consulting with physicians and other health care providers, and the provision of nursing care to patients.

Professional Education Experience

Lanier Technical College, Oakwood, GA

Adjunct Professor of Health Science, August 2016 to 2017

 Introduction to Healthcare was taught for two consecutive semesters. This course encompassed a hybrid format with <50% content presented on-line and >50% presented as a traditional lecture format. Introduction to Healthcare incorporated a lab portion into the curriculum in addition to CPR/BLS education for certification.

Brenau University, Gainesville, GA

Adjunct Clinical Instructor of Medical-Surgical Nursing, January 2013 to May 2013

- Clinical instructor for first year medical-surgical nursing students. Instruction occurred at Northeast Georgia Medical Center on a medical-surgical unit.
- Lead 12 students during their medical-surgical clinical rotation, overseeing nursing skill assessment, practice, and completion within an inpatient medical-surgical clinical setting.

Licensure & Certification

- Registered Nurse, Georgia
- BLS
- Certified Diabetes Care and Education Specialist, CDCES