

Kimberly Navarro, PhD, RN, CNM, WHNP-BC

Objective

I am a women’s health clinician, educator, and social scientist committed to providing high-quality, culturally informed healthcare and education. My research interests include Black maternal health and quality of care.

Education

2017-2023

Pepperdine University
PhD in Global Leadership and Change

Dissertation: "Black Midwives for Black Mothers: Ameliorating Racial Disparities in the Quality of Maternal Care."
Committee: Dr Kfir Mordechay (chair)

2013-2016

Rutgers University
PhD in Urban Systems-incomplete degree due to relocation

Completed courses in Advanced Statistics, Urban Education, Urban Environment and Urban Health. Received letter of recommendation from Advanced Statistics Professor.

2011-2012

Felician College
Master’s Certificate: Health Education Teacher

Certified Health Education Teacher in grades K-12
Certified School Nurse

2008-2011

Rutgers University/UMDNJ
Dual master’s in science of nursing

Certified Nurse Midwife
Women’s Health Nurse Practitioner

2004-2008

William Paterson University
Bachelors in science of nursing

Honors and awards

November 2023

Acceptance as a Birthing Cultural Rigor Ambassador
BCR’s Inaugural Obstetric Patient Safety Summit 2023

November 2023	Scholarship Recipient from Anarcha Lucy Betsey Day of Reckoning Conference 2024
February 2021	Recognition from Melanated Midwives Nonprofit mission to diversify the profession and empower Spotlighted as a "Melanated Midwife You Should know"
June 2021	Awarded Grant Funding from Pepperdine University Grant award for research on Black Midwives for Black Mothers
June 2020	Awarded Grant Funding from Pepperdine University Grant award for research on Global Study of Walk-in clinics
May 2020	Recognition as a UCI Health Hero For being among the first frontline workers to screen patients for COVID-19 at the University of California Irvine Health
March 2018	Awarded Best Presentation at the International Organization of Social Science and Behavior Research Qualities of a Global Leader
June 2016	Tribute to Nurses Award by The Record Newspaper Awarded for a Tribute to Nurses in Education by The Record
May 2011	Spotlight Student Recognition from Rutgers University Spotlight recognition on Rutgers's website and newspaper
May 2011	Sigma Theta Tau International Honor Society Member Awarded membership during Rutgers/UMDNJ program.
October 2010	Latino Heritage Recognition Award by Rutgers/UMDNJ Awarded for Service to the Latino Community
September 2007	Dean's List At William Paterson University
September 2006	Achiever's Circle Award At William Person University for maintaining a GPA above 3.5
September 2004	Trustee Scholar Received a 4-year full scholarship to William Paterson University

Research experience

2019-2023	Dissertation Pepperdine University Los Angeles, CA Chair: Dr. Kfir Mordechay <ul style="list-style-type: none"> Conducted qualitative research using an exploratory cross-sectional design. Used Constructivist Grounded Theory Methodology and analyzed data using thematic analysis.
2024-present	Journal of Midwifery & Women's Health Position, Principal Investigator

- Black Midwives for Black Mothers: Ameliorating Disparities in the Quality of Maternal Healthcare
- Submitted manuscript for publication in peer reviewed journal on 3/28. Under review.
- Original Qualitative Research article retrospective design

2020-2021

Pepperdine University / University of California Irvine

Position Principal Investigator

- Global Study on the Patient Perspective of the Quality of Care of Walk-in Clinics.
- Conducted qualitative research using an exploratory cross-sectional design.
- Used Constructivist Grounded Theory Methodology and analyzed data using thematic analysis.

2017-2018

Pepperdine University

Position: Co-author

- Global Leader Investigation, a qualitative study using semi-structured interviews of global leaders and using thematic analysis to analyze data.

Teaching Experience

2024-present

University of Central Florida Orlando, Florida

OB Lecturer School of Nursing

- Taught Obstetric/Family clinical rotation, an undergraduate course averaging 7 students per rotation, covering the following topics: maternal healthcare, postpartum care, antepartum care, intrapartum care and newborn care.
- Taught Nursing Care for Families: OB didactic including preconception, antepartum, postpartum, newborn care, labor support and maternal care.
- Developed educational activities such as role playing, group projects and presentations.
- Coordinated clinical and theory schedule, lab and grading, testing, student counseling and test prep.

2023-2024

University of Central Florida Orlando, Florida

Adjunct Clinical Instructor School of Nursing

- Taught Obstetric/Family clinical rotation, an undergraduate course averaging 7 students per rotation, covering the following topics: maternal healthcare, postpartum care, antepartum care, intrapartum care and newborn care.
- Taught Essential Clinical Rotation, an undergraduate course averaging 10 students per semester, covering

- 2024-
Present
- the following topics: head-to-toe assessments, ADLS, medication administration, and nursing care plans.
- Developed educational activities such as role playing, group projects and presentations.
 - Coordinated clinical schedule, lab and grading.

Keiser University Orlando, Florida

Preceptor: MSN Women's Health Nurse Practitioner Program

- Teach and precepted students in the MSN women's health clinical rotation, 1 to 2 students, on the topic of Perinatal Care, including pregnancy confirmation, antepartum, obstetric care, postpartum care, PPD, contraception counseling and high-risk pregnancy.

2019-2020 **University of Southern California** Los Angeles, CA

Preceptor MSN Family Nurse Practitioner Program

- Taught and precepted students in the MSN Family Nurse Practitioner program, 1 to 2 students, on the topics of well child care, sick child care, family healthcare, physical assessments, preventative care, vaccinations.

2016-2018 **Concorde Career College** Los Angeles, CA

Nursing Instructor & ADON LVN program

- Taught Nursing Fundamentals, Med Surge, Pediatrics, Maternity, Psych, Nursing Leadership and NCLEX prep at vocational nursing diploma program, averaging 30 students per term.
- Covering theory didactic & clinical nursing in maternity, peds, med surg & leadership
- Created an interactive classroom atmosphere to maintain student interest and facilitate learning.
- Establish clear objectives for all lessons.
- Adapted teaching methods to meet individual students' needs.
- Employed a broad array of teaching techniques to maximize learning and student engagement.
- Developed instructional plan, objectives, & curriculum for OB Simulation lab
- Assisted DON with clinical sites, staff scheduling, budgeting, time sheets, and student advisement.
- Conducted Nursing faculty meetings & professional development for nursing instructors.
- Promoted to Assistant DON where I had to oversee the operation of the entire LVN program.

- 2015-2016 **Passaic County Community College** Passaic, NJ
Adjunct Clinical Instructor School of Nursing
- Taught Mother/Baby Nursing clinical rotation, an undergraduate course averaging 7 students per rotation, covering the following topics: maternal healthcare, postpartum care, antepartum care, intrapartum care and newborn care.
- 2009-2016 **Passaic Board of Education** Passaic, NJ
Teacher of Health Education and School Nurse
- Provided first aid, health screenings, health assessments, medication administration, crisis intervention, community health, health promotion, administered adolescent pregnancy prevention program, and taught adolescent parenting classes, and health education to grades K through 12.
- 2006-2009 **Passaic Board of Education** Passaic, NJ
Substitute Teacher and Substitute School Nurse
- Provided first aid, health screenings, health assessments, medication administration K-12.
 - Substitute teacher for high school general education

Publications

- 2023 **Dissertation**
- Navarro, Kimberly, "Black midwives for Black mothers: ameliorating racial disparities in the quality of maternal healthcare" (2023). *Theses and Dissertations*. 1346.
<https://digitalcommons.pepperdine.edu/etd/1346>
- 2024 **Journal papers in review**
- Navarro, Kimberly, "Black midwives for Black mothers: ameliorating racial disparities in the quality of maternal healthcare." Submitted to: *Journal of Midwifery and Women's Health*
- 2024 **Book Chapters in process**
- Silbert-Flagg, JoAnne. *Maternal & Child Health Nursing*. Available from: Wolters Kluwer, (9th Edition). Wolters Kluwer Health, 2022. Editing: Chapter 2: Diversity, Equity, and Inclusion in Maternal Child Nursing.

Self-Publication

- 2015 **Book Publication**
- Navarro, Kimberly, "The Heart of a Young Woman: Book of Poetry." CreateSpace Independent Publishing Platform (July 22, 2015)

Invited Scholarly Presentations

September 2024	Podium Presenter "Black Midwives for Black Mothers: Ameliorating Racial Disparities in the Quality of Maternal Healthcare" Black Maternal Health Conference 2024
April 2024	Panelist Presenter "It Takes a Village" Florida's Future for Black Maternal Health' The Tampa Bay Black Maternal Health Week Initiative
April 2024	Presenter "Speak! Move! Change! A Virtual Series in Celebration of Black Maternal Health Week 2024 For the Mothers of Gynecology
March 2024	Podium Presenter "Black Midwives for Black Mothers: Ameliorating Racial Disparities in the Quality of Maternal Healthcare" National Black Midwives Alliance Conference 2024
March 2024	Presenter/Facilitator "Black Midwives for Black Mothers: Ameliorating Racial Disparities in the Quality of Maternal Healthcare" Wake Up Everybody (WUE) Virtual Community
January 2024	Presenter/Facilitator "History of Black Midwives" Wake Up Everybody (WUE) Virtual Community
December 2023	Facilitator/Ambassador Birthing Cultural Rigor's Inaugural Obstetric Patient Safety Summit 2023 with a mission to End Obstetric Racism
October 2023	Panelist Presenter "Artivism: The Rebirth of Black HUEmanity" at the 9 th Annual Mother Wit Conference.
April 2021	Poster Presenter "Global Study on the Patient Perspective of the Quality of Care of Walk-in Clinics" at the California Association of Nurse Practitioners' 43 rd Annual Conference.
March 2021	Guest Speaker Reproductive Freedom Week
March 2021	Presenter California Coalition of Reproductive Freedom
December 2020	Keynote Speaker "Maternal Health Disparities in the Era of COVID-19" for Women in Leadership Event at Harvard School of Public Health
June 2019	Paper Presentation "History of Cuban Economy." Presenter at Association for the Study of Cuban Economy
March 2018	Paper Presentation "Qualities of a Global Leader" Presenter at International Organization of Social Sciences & Behavior Research

Professional appointments

2024-Present	Lecturer at University of Central Florida, School of Nursing
2023-Present	Nurse Practitioner/ Midwife at Pelvic Laser Institute of Florida
2023-2024	Adjunct Clinical Instructor at University of Central Florida
2023-Present	Director & Founder of In Touch Health and Wellness Center
2023-Present	Board of Directors Member at Maya Midwifery International
2022-2023	Nurse Practitioner/Nurse Midwife at Magic City OB/Gyn
2021- 2022	Tia Clinic-Modern Medical Home for Women
2021-2022	Nurse Practitioner at Newport Academy Residential Facility
2021-2022	California Nurse Midwife Association/California Coalition of Reproductive Freedom Liaison
2021-2022	Director & Founder of Haven of Maternity Experience, LLC
2021-2022	Co-Chair of the Advanced Practice Council at UCI
2019- 2021	Nurse Practitioner at UCI Family Health Center FQHC
2021-2022	Preceptor for MSN Family Nurse Practitioner Program at USC
2019-2020	Nure Practitioner at Joseph Munoz Pediatrics
2018- 2019	Nure Practitioner at Occidental College student health center
2018- 2020	Nurse Practitioner at Dusk to Dawn Urgent Care
2018- 2020	Nurse Midwife at Living Well Pregnancy Center
2017- 2018	Nurse Practitioner at Pico Maternity
2016- 2018	Nursing Instructor at Concorde Career College
2015- 2016	Adjunct Instructor at Passaic County Community College
2009-2016	School Nurse and Teacher of Health Education
2015-2017 2014-2015	Director & Founder of Truss Life, LLC Nurse Midwife at The Midwives of New Jersey
2009- 2011	Registered Nurse at North Hud. Comm. Action Corp.

2009-2010 **Registered Nurse at Total Care Nursing Registry**
2007-2008 **Registered Nurse at Hackensack University Medical Center**

Professional affiliations

2024-Present **Central Florida Black Nurses Association**
Member

2019-Present **California Nurse Midwife Association**
Health Policy Committee Member

2019-Present **Board of Directors at Maya Midwifery Internation**
Member

2019-2022 **American College of Nurse Midwives**
Member

2019-2022 **American College of Nurse Midwives (ACNM) Caucus of Black Midwives for Reproductive Justice and Birth Equity**

2019-2022 **California Association for Nurse Practitioners**
Member

2010-2012 **Sigma Theta Tau International Honor Society**
Member

Student Advising and Mentorship

2020 **Doctoral Students**

- Weina Chen: Referred to me by Provost office for advisement on how to write a grant proposal. I was chosen as a reference since I had successfully earn 2 prior internal grants at Pepperdine University
- Two other unnamed doctoral students were also advised on grant writing and referred to me by Provost office.

2021-Present **Master's Students:**

- Bria Baily: mentored since 2021 until present as an aspiring midwife, started through the UCSF BIPOC Aspiring Midwife Mentorship Program
- Tayisha Rebecca: mentored in 2021 as an aspiring nurse midwife in a nurse midwifery MSN program

Community service

2023-Present	Free Vaccines for Children Orlando, Florida Registered with State of Florida to offer Free vaccines to uninsured or under-insured children in Florida.
May 2024	St. John's Episcopal Church Family & Health Fair Orlando, Fl. Supporting families in the community with free vaccines for children and free health assessments and back to school supplies
May 2024	"A Taste of Midwifery" Birth and Baby Expo Orlando, Florida. Central Florida Birth Network, supporting families in the community with midwifery care and maternal healthcare.
3/2024, 8/2024	Bethesda Health Fairs Orlando, Florida Supporting families in the community with free vaccines for children and free health assessments and back to school supplies
2019-Present	The Alliance for the Right to Health Dominican Republic Advocacy for accessible, high quality, equitable healthcare in the Dominican Republic
2019-Present	Maya Midwifery International Board Member Guatemala Supporting indigenous midwives in Guatemala
2021-2024	UCSF BIPOC aspiring midwife mentor California Mentoring BIPOC aspiring midwives
2019-2022	Living Well Pregnancy Center volunteer California Providing free pregnancy healthcare services to women
2019-2022	Dusk to Dawn Urgent Care volunteer California Volunteering in the community providing free healthcare services in Los Angeles like breast cancer screening, free blood pressure screening, providing free food and clothing to the community and advocating for social justice
2017-2019	Hope Gardens shelter for women and children volunteer CA Supporting family activities of learning, nutrition and health to the shelter in partnership with Pepperdine University and Concorde Career College
2016-2018	Boys Scout: Medical Explorers volunteer CA Mentorship for high school students interested in the health professions, created an interactive classroom atmosphere to maintain student interest and facilitate learning, coordination of guest speakers in various health professions, provided volunteer opportunities to assisted living facilities.
2012-2013	Samaritan's Purse International Relief Haiti Healthcare missions to Siti Solei 2 years in row.
2014-2015	Teen Pep-High School Health Teacher NJ Advised and facilitated a health class of student peer leaders about sex education and teen pregnancy prevention
2014-2016	Future Meds of America- High School Club Advisor NJ Mentorship to high school students interested in health professions

2014-2016 **Let's Move Campaign Walk-a-thon for Obesity Awareness** NJ
2008-2011 **Kim's Health Ministry** NJ provided free health screenings

Languages

English	Native language
Spanish	Native language
Haitian Kreyol	Basic Medical terminology