

Sarah Rose Thornton, MSN, RN, CCRN

EDUCATION

University of Central Florida

Orlando, FL

Masters of Science in Nursing, Nurse Educator

December 2021

University of Central Florida

Orlando, FL

Bachelor of Science in Nursing

May 2018

Florida Southwestern State College

Fort Myers, FL

Associate of Arts

May 2016

CERTIFICATIONS

Multistate Registered Nurse, 9487556

Active

Certified Critical Care Registered Nurse (CCRN)

Active

Advanced Cardiac Life Support Certification from American Heart Association

Active

Basic Life Support Certification from American Heart Association

Active

Pediatric Advanced Life Support from American Heart Association

Active

EMPLOYMENT

ACADEMIC APPOINTMENTS

University of Central Florida

Visiting Instructor

Orlando, FL
August 2022 – Present

University of Central Florida

Adjunct Instructor

Orlando, FL
January 2021 – Present

❖ Clinical instructor for the undergraduate traditional and accelerated Bachelor of Science in Nursing cohorts.

Florida Southwestern State College

Peer Tutor

Orlando, FL
December 2015 – May 2016

❖ Tutored college students in math, writing, and science courses.

❖ Performed secretarial duties including assisting the tutoring center director and working at the front desk of the tutoring center.

CLINICAL APPOINTMENTS

AdventHealth for Children

Pediatric Intensive Care Unit

Clinical Nurse III, Preceptor

Rapid Response Team

Orlando, FL
October 2020 – August 2022

- ❖ Care of a wide span of pediatric patient populations involving congenital or acquired conditions.
- ❖ Respond to rapid responses on the pediatric medical/telemetry floors when needing an escalation of care.
- ❖ Guide and precept new and experienced nurses in the pediatric critical care setting.

AdventHealth

Multisystem Intensive Care Unit

Clinical Nurse III, Preceptor

Orlando, FL
July 2018 – October 2020

- ❖ Care for a wide span of adult patient populations including those with acute and chronic conditions.
- ❖ Certified in caring for patients needing continuous renal replacement therapy (CRRT), prone therapy, and post-code hypothermia.
- ❖ Orient a variety of nurses with different experiences and backgrounds to the unit during an 8-16 week orientation.

Orlando Regional Medical Center

Cardiac Progressive Care Unit

Student Nurse Intern

Orlando, FL
December 2017 – June 2018

- ❖ Performance of the role of nursing assistant by helping nursing staff with basic patient care.

RESEARCH

Thornton, S. H. (2018). Prone positioning in acute respiratory distress syndrome patients. *University of Central Florida Showcase of Text, Archives, Research, & Scholarship*, 337.

- ❖ Conducted a literature review under the guidance of thesis chair, Dr. Mary Lou Sole, analyzing the practice and outcomes of prone positioning in acute respiratory distress syndrome patients.

ACADEMIC HONORS AND AWARDS

Recipient, Ida Kinsley Endowed Memorial Nursing Scholarship	Fall 2020
Recipient, 40 Noble Knight Nurses Award	Spring 2020
Summa Cum Laude Graduate	May 2018
UCF Honors in the Major	May 2018
Recipient, Compassion for Nursing Endowed Scholarship	Spring 2017
Recipient, Dr. Howe Memorial Scholarship	Spring 2017

CLINICAL EXPERIENCE

University of Central Florida <i>Nursing Education Internship</i>	Orlando, FL August – December 2021
<ul style="list-style-type: none"> ❖ Final MSN nurse educator internship completed under the direction of Dr. Kelly Allred. ❖ Experiences include involvement in undergraduate BSN lecture, laboratory, simulation, online learning, and clinical settings. See the last page for a list of courses. 	
Central Florida Pulmonology Group <i>Clinical Specialty Practicum</i>	Orlando, FL January – April 2021
<ul style="list-style-type: none"> ❖ Clinical opportunity taking place in various AdventHealth intensive care units under the supervision of an advanced practice nurse practitioner. ❖ Expansion of advanced health assessment skills, utilizing evidence-based practice for health promotion, and interprofessional collaboration. 	
Dr. P. Phillips Hospital <i>Senior Practicum Rotation</i>	Orlando, FL January – April 2018

PROFESSIONAL AFFILIATIONS

American Association of Critical Care Nurses, <i>Member</i>	October 2017 – Present
Sigma Theta Tau Theta Epsilon Chapter, <i>Governance Committee, Member</i>	March 2018 – Present
Nurse Governance Council, <i>Quality and Practice Counselor</i>	June 2019 – October 2020
Student Nurses' Association, <i>Treasurer</i>	Fall 2016 – Spring 2018
Phi Theta Kappa Honor Society, <i>Member by Invitation</i>	Fall 2015 – Spring 2017

PROFESSIONAL DEVELOPMENT

Pediatric Fundamental Critical Care Support Course <i>Orlando, FL</i>	2021
Showcase of Undergraduate Research Excellence <i>Orlando, FL</i>	2018
<ul style="list-style-type: none"> ❖ Poster Presenter: Prone Positioning in ARDS Patients 	
Sigma Theta Tau Epsilon Chapter Scholarship Day <i>Orlando, FL</i>	2018
<ul style="list-style-type: none"> ❖ Poster Presenter: Prone Positioning in ARDS Patients 	
National Student Nurses' Association Convention <i>Nashville, TN</i>	2018

- ❖ Poster Presenter: In Support of Increasing the Awareness and Prevention of Generator Related Carbon Monoxide Poisoning Injuries

Florida Nursing Student Association State Convention 2017
Innisbrook, FL

- ❖ Resolution Presenter: In Support of Increasing the Awareness and Prevention of Generator Related Carbon Monoxide Poisoning Injuries
- ❖ Delegate Representative

National Student Nurses' Association Convention 2017
Dallas, TX

Florida Nursing Student Association Convention 2016
Daytona Beach, FL

COMMUNITY INVOLVEMENT

Shepherd's Hope February 2022- Present

North Fort Myers Academy for the Arts 2011 – 2020

- ❖ Attend back-to-school open house by escorting students to their classrooms and assist teachers with classroom duties.
- ❖ Annually teach elementary students a lesson on anatomy and physiology and the nursing profession.

Student Nurses' Association Fall 2016 – Spring 2018

- ❖ Participation in College of Nursing events such as
 - Attending orientation and "Meet and Greet" for incoming cohorts.
 - Participation in events for pre-nursing students.
 - Traveling to local schools and speaking to them about the nursing profession.
 - Providing tours of the College of Nursing campus to school-aged students interesting in the medical profession.
- ❖ Participation in community outreach programs:
 - Knight-Thon- University event meeting with Miracle children and helping donate money to Children's Miracle Network Hospitals.
 - Give Kids the World- performing various roles for the nonprofit organization that houses children with critical and terminal illnesses and their families while they spend time in the Orlando theme parks.

Ronald McDonald House Share-A-Meals Fall 2016 – May 2018

- ❖ Prepare meals for those with children who are patients at Arnold Palmer and Winnie Palmer Hospitals.

COURSES TAUGHT

Semester	Course	Course Name	Enrollment	Role
Summer 2022	NUR 3028L.CM16	Essentials of Nursing Practice: Lab	8	Instructor
	NUR 3028L.CM18	Essentials of Nursing Practice: Lab	5	Instructor
	NUR3755L.B014	Essentials of Nursing Practice: Clinical	11	Clinical Instructor
	NUR4945L.0069	Nursing Practicum	13	Clinical Instructor
	NUR4257	Critical Care Nursing	70	Guest Lecturer
Spring 2022	NUR4227L.0021	Nursing Care of the Adult II: Clinical	6	Clinical Instructor
	NUR4227L.0022	Nursing Care of the Adult II: Clinical	8	Clinical Instructor
	NUR4945L.0069	Nursing Practicum	15	Clinical Instructor
	NUR4257	Critical Care Nursing	120	Guest Lecturer
	NUR4257	Critical Care Nursing	40	Guest Lecturer
Fall 2021	NUR4227L.0019	Nursing Care of the Adult II: Clinical	7	Clinical Instructor
	NUR3755L.0017	Essentials of Nursing Practice: Clinical	10	Clinical Instructor
Summer 2021	NUR3755L B013	Essentials of Nursing Practice: Clinical	10	Clinical Instructor
Spring 2021	NUR 3225L.0065	Nursing Care of the Adult: Clinical	8	Clinical Instructor
	NUR 3225L.0065	Nursing Care of the Adult: Clinical	7	Clinical Instructor