

**Julie F. Hinkle, PhD, RN, CNE**

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**University of Central Florida College of Nursing**

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**EDUCATION**

<b>Year</b>	<b>Degree</b>	<b>Institution</b>	<b>Clinical Major</b>	<b>Role Preparation</b>
2013	PhD	University of Michigan, Ann Arbor, MI	Nursing	Research
2000	MS	University of Michigan, Ann Arbor, MI	Nursing	Nursing
1993	BSN	University of Pittsburgh, Pittsburgh, PA	Nursing	Nursing

**LICENSURE/CERTIFICATION**

RN	Florida
CNE	Active expires 12/31/2020

**EMPLOYMENT**

***ACADEMIC APPOINTMENTS:***

8/2015-present	<b>Assistant Professor</b> , University of Central Florida College of Nursing, Orlando, FL
8/2013-8/2015	<b>Lecturer</b> , University of Central Florida College of Nursing, Orlando, FL
5/2013-12/2013	<b>Assistant Professor</b> , Maryville University, St Louis, MO
3/2013-7/2013	<b>Course Mentor</b> , Western Governor's University Online <b>Clinical Skills Lab Coordinator</b> (St Luke's Center), Maryville University, St Louis, MO
1/2011-5/2013	<b>Clinical Assistant Professor</b> , Maryville University, St Louis, MO
8/2009-5/2013	<b>Assistant Professor</b> , Barnes-Jewish College of Nursing, St Louis, MO
5/2005-8/2009	<b>Assistant Professor</b> , Barnes-Jewish College of Nursing, St Louis, MO
5/2001-5/2005	<b>Lecturer Vanderbilt University</b> , Nashville, TN
8/1999-12/1999	<b>Research Assistant</b> , University of Michigan, Ann Arbor MI
8/1997-5/1999	<b>Clinical Instructor</b> , University of Michigan, Ann Arbor MI
10/1994-8/1997	<b>Clinical Instructor</b> , Washtenaw Community College, Ann Arbor, MI

**CLINICAL APPOINTMENTS:**

1/2010-2/2011 **Staff Nurse**, (Supplemental Staff), Emergency Department, St Anthony's Medical Center, St Louis MO

8/1996-5/2001 **Staff Nurse** Emergency Department, Oakwood Hospital Annapolis Center, Wayne, MI

8/1997-12/1997 **Staff Nurse** Resource Pool, St Joseph's Hospital Ann Arbor, MI

7/1995-7/1996 **Staff Nurse** (Float Pool) General Medicine, University of Michigan Hospital, Ann Arbor, MI

6/1993-6/1995 **Staff Nurse**, General Medicine, Veteran's Administration Medical Center, Ann Arbor, MI

**II. Research and Creative Activities****RESEARCH and GRANTS*****Research Ongoing***

<b>Date</b>	<b>Role</b>	<b>Project</b>
2016-present	PI	Development and Evaluation of NoAngst, a machine learning based stress assessment tool.
2015-present	PI	Adaptation and evaluation of Mobile Stress Management Program. ("Stress Gym")
2014-present	Co-PI	Evaluation of Adaptive Learning

***Research Completed***

<b>Date</b>	<b>Role</b>	<b>Title</b>	<b>Agency</b>	<b>Type</b>	<b>Amount</b>
2013	PI	Cognitive Load, Stress, and Depression: The Effects of a Web-Based Intervention	University of Michigan College of Nursing	Dissertation	Not funded

***Grants applied for***

<b>Date</b>	<b>Role</b>	<b>Title</b>	<b>Agency</b>	<b>Type</b>	<b>Amount</b>
May 2017	Co-PI	<i>Nursing Student Stress, Stress measurement and the NoAngst platform</i>	STTI/SNRS	foundation	
Oct 2016	PI	<i>"Stress, nursing school, and the No Angst platform"</i>	STTI Theta Epsilon	foundation	Not funded

Date	Role	Title	Agency	Type	Amount
Dec 2015	Co-PI (15%)	PAR-15-361: NIOSH Centers of Excellence for Total Worker Health  <i>“Center of Excellence for Total Worker Health of Central Florida”</i>	CDC & NIOSH	U19	Not funded

### *Grants funded*

## **PUBLICATIONS**

### **REFEREED JOURNALS:** (\* Data-based articles)

\*Hinkle, J. F. (2015). The Stress Gym: An online Intervention to improve stress and depressive symptoms in adults. *Issues in Mental Health Nursing*, 36(11).  
doi:<http://dx.doi.org/10.3109/01612840.2015.1074768>

### **NON-REFEREED JOURNALS OR PUBLICATIONS:**

\*Hinkle, J.F. (2013) Reduction of Cognitive Load, Stress, and Depression: The Effects of a Web-Based Intervention. (Dissertation). <http://hdl.handle.net/2027.42/97923>

\*data based

## **PRESENTATIONS—NATIONAL/INTERNATIONAL**

### **Poster Presentations**

*Pilot of stress management intervention for law enforcement officers.* (April, 2017) American Association of Occupational Health Nurses Global Summit and National Conference New Orleans, LA (Refereed)

*Leveraging Adaptive Case-Based Learning in Graduate Pathophysiology.* (Feb 2017) American Academy of Nursing Colleges Master’s Education Conference Atlanta GA (Refereed)

### **Podium Presentations**

*Adapting to Personalized Learning in Undergraduate Pathophysiology.* (October, 2015) Online Learning Consortium 21st International Conference. Orlando FL (Refereed)

*Applying Adaptive Learning to a Blended Nursing Course: Evaluating the Outcomes* (July, 2015) Online Learning Consortium's Blended Learning: Leading Educations Digital Future Conference, Denver ,Colorado (Refereed)

*Computerized Testing for Anatomy and Physiology undergraduates.*(June, 2005 Human Anatomy and Physiology Society, Calgary Canada (Refereed)

## **PRESENTATIONS—LOCAL/REGIONAL/STATE**

### **Poster presentation**

*Stress Gym intervention pilot for Law enforcement officers* (April 2017) Sigma Theta Tau Theta Epsilon Research Day Orlando Fl

### **Webinar presentation**

*Adaptive learning powers innovative case studies.* (June, 2016). RealizeIT Webinar (Invited)

### **Faculty workshops**

*Citation Management Tools- Getting the Most from Them.*(October, 2015) UCF CON Faculty Development workshop (Invited)

*Adaptive Learning in the 21st Century: UCF Pilot using RealizeIT Software.* UCF Faculty Development Conference (Invited)

### **Podium presentation**

*Stress Gym: An Online Intervention to Improve Stress and Depression in Adults* (April, 2015). Sigma Theta Tau Theta Epsilon Annual Research Day (Refereed)

## **HONORS/AWARDS**

2015      Chuck D. Dziuban Award for Excellence in Online Teaching Honorable mention  
University of Central Florida Distributed Learning

## **PROFESSIONAL ACTIVITIES & COMMUNITY SERVICE**

### ***PROFESSIONAL ORGANIZATIONS:***

<b>Date</b>	<b>Organization</b>	<b>Role</b>
Fall 2016-present	American Association of Occupational Nurses	member
Fall 2016-present	American Association of Psychiatric Nurses	member
Fall 2014-present	Southern Nursing Research Society	member
Summer 2014-present	Sigma Theta Tau International Theta Epsilon Chapter	Secretary-Theta Epsilon Chapter (2014-2016)
Fall 2014-present	Florida Healthcare Simulation Alliance	member
Spring 2014-2016	Florida Nurses Association	member
2008-present	Sigma Theta Tau International	member
1993-present	American Nurses Association	member
Fall 2014-Fall 2015	International Nursing Association of Clinical Simulation and Learning	member
Fall 2014-present	Society for Simulation in Healthcare	member
2005-2014	Missouri Nurses Association	member

### ***COMMUNITY SERVICE:***

<b>Date</b>	<b>Organization</b>	<b>Role</b>
Spring 2017	League of Women Voters	Volunteer
Fall 14-Fall 15	Florida Region 5 Healthcare Coalition liaison for Central Florida Red Cross	Volunteer
Summer 14-Spring 2017	Red Cross	Volunteer
Fall 13-Fall 15	Valencia Community College School of Nursing Advisory Board	UCF liaison

## **UNIVERSITY ACTIVITIES**

### ***UNIVERSITY SERVICE:*** (Cumulative)

<b>Date</b>	<b>Level</b>	<b>Committee</b>	<b>Role</b>
Spring 2017-present	College of Nursing	Ad hoc Research Advisory committee	member
Spring 2017-present	College of Nursing	Ad hoc bylaws committee	member
Fall 2013-present	College of Nursing	Innovative Technologies committee	Chair fall 2016-present Member 2013-2016
Fall 15-present	University	Center for Design and Learning Advisory Board	member
Fall 15	University	Foundations of Excellence	member
Fall 14-Fall 15	University	Foundations of Excellence	Co-chair of "All Students" Dimension
Fall 15-present	College of Nursing	Instructor-Lecturer College Committee	member
Fall 14-Spring 2015	College of Nursing	Undergraduate Curriculum Committee	member
Summer 14-Spring 15	University	Quality Enhancement Plan Committee	member
Spring 14-Fall 15	College of Nursing	Institutional Effectiveness	member
Fall 13-Summer 14	College of Nursing	Admission Promotion and Graduation Committee	member

### ***DISSERTATION / THESIS / RESEARCH PROJECT ADVISING:***

<b>Dates</b>	<b>Student</b>	<b>Course/Purpose</b>	<b>Level</b>	<b>Role</b>
Fall 2016-present	Katherine Sali		DNP	Committee member
Fall 2016-Spring 2017	Jaymi Curran	Stigma in police literature review	BSN	Mentor
Spring 2015-2016	Carrine Shelley	Pilot of a Mobile Stress Management Program with Law Enforcement Officers	DNP	Co-chair

***Preceptorships***

<b>Dates</b>	<b>Student</b>	<b>Course/Purpose</b>	<b>Level</b>	<b>Role</b>
Spring 2015	Tiffany Truitt	Online course development for Nurse Educator Clinical hours (20hrs)	MSN	preceptor

***COURSES TAUGHT:***

<b>Semester</b>	<b>Course</b>	<b>Course Name</b>	<b>Enrollment</b>	<b>Role</b>
*Summer 2017		Senior Practicum		Instructor
*Summer 2017	NUR3125-OW59	Pathophysiology for Nursing Practice		Instructor
*Summer 2017	NGR 5141-OW61	Pathophysiologic Basis for Advanced Nursing Practice		Instructor/Lead
Spring 2017	NGR 4912-0003	Independent Research	1	Research mentor
Spring 2017	NGR 5141-OW61	Pathophysiologic Basis for Advanced Nursing Practice	31	Instructor/Lead
Spring 2017	NGR6715-OW61	Application of Instructional Technologies for Nurse Educators	10	Instructor/Lead
Fall 2016	NGR 4912-0002	Independent Research	1	Research mentor
Fall 2016	NGR 5141-OM01	Pathophysiologic Basis for Advanced Nursing Practice	29	Instructor/Lead
Summer 2016	NGR 5141-OW61	Pathophysiologic Basis for Advanced Nursing Practice	12	Instructor/Lead
Summer 2016	NUR 3125 CM01	Pathophysiology for Nursing Practice	65	Instructor
Summer 2016	3065 CMB 16	Health Assessment RN-BSN	33	Instructor
Spring 2016	NGR6715-OW61	Application of Instructional Technologies for Nurse Educators	15	Instructor/Lead
Spring 2016	NGR5141-OW61	Pathophysiologic Basis for Advanced Nursing Practice	29	Instructor/lead
Fall 15	NUR-3125-0001	Pathophysiology for Nursing Practice	124	Instructor/lead
Summer 15	NUR3806-CM50	Professional Socialization Seminar	27	instructor

<b>Semester</b>	<b>Course</b>	<b>Course Name</b>	<b>Enrollment</b>	<b>Role</b>
Summer 15	NUR3805-CM50	Dimensions of Professional Practice	27	instructor
Summer 15	NUR3125-OW59	Pathophysiology for Nursing Practice	22	instructor
Summer 15	NUR3165H-D201	Honors in Nursing Research	24	instructor
Spring 2015	NUR 3125-OW58	Pathophysiology for Nursing Practice	39	instructor
Spring 2015	NUR 3125-OM50	Pathophysiology for Nursing Practice	25	instructor
Spring 2015	NUR 3125-OM51	Pathophysiology for Nursing Practice	31	instructor
Fall 2014	NUR 3806-0050	Professional Roles Seminar	11	instructor
Fall 2014	NUR 3805-OM50	Dimensions of Nursing Practice	11	instructor
Fall 2014	NUR 3125-OW57	Pathophysiology for Nursing Practice	34	instructor
Summer 2014	NUR 3805-CM50	Dimensions of Nursing Practice	16	instructor
Summer 2014	NUR 3125-CO55	Pathophysiology for Nursing Practice	15	instructor
Summer 2014	NUR 3125-CW59	Pathophysiology for Nursing Practice (online and subsection face to face for concurrent students from Lake Sumpter)	58(11 face to face)	instructor
Spring 2014	NUR 3125-OM50	Pathophysiology for Nursing Practice	28	instructor
Spring 2014	NUR 3125-OW51	Pathophysiology for Nursing Practice	50	instructor
Spring 2014	NUR 3065-0055	Health assessment	19	instructor
Spring 2014	NUR 3065I-0050	Health assessment lab	19	instructor
Fall 2013	NUR 3065-0050	Health assessment	29	Co-instructor
Fall 2013	NUR 3065I-0050/0051	Health assessment lab	29	Co-instructor
Fall 2013	NUR 3605-OW57	Research	35	Co-instructor
Fall 2013	NUR 3125-OW57	Pathophysiology for Nursing Practice	35	Co-instructor

\*In progress



