

Stephen D. Heglund, Ph.D., MSN, ARNP, FNP-C

University of Central Florida College of Nursing
12201 Research Parkway, Suite 300
Orlando, FL 32826
(407) 823-1170—Office
(407) 823-5675—Fax

EDUCATION

Year	Degree	Institution	Clinical Major	Role Preparation
2012	PhD	University of Central Florida, Orlando, FL	Stress, Emergency Nursing	Research
2004	MSN	University of Central Florida, Orlando, FL	Family Primary Care	Clinical Practice
2003	Certificate	University of Central Florida, Orlando, FL	Nursing Education	Educator
2002	BSN	University of Central Florida, Orlando, FL	Nursing	Clinical Practice
1994	ASN	Indian River community College	Nursing	Clinical Practice

LICENSURE/CERTIFICATION

Advanced Register Nurse Practitioner, Family	Florida ARNP2826702
Family Nurse Practitioner Certified	American Academy of Nurse Practitioners Certification # F0916628

EMPLOYMENT

ACADEMIC APPOINTMENTS:

8/15-present	Coordinator/Associate Lecturer, University of Central Florida College of Nursing RN to BSN, RN to MSN and Concurrent programs Online and the Orlando, Cocoa, Daytona, Seminole State College, Valencia College and Lake Sumter State College campuses.
8/12-7/15	Coordinator/Lecturer, University of Central Florida College of Nursing RN to BSN, RN to MSN and Concurrent programs Online and the Orlando, Cocoa, Daytona, Seminole State College, Valencia College and Lake Sumter State College campuses.
7/10-7/12	Coordinator/Instructor, University of Central Florida College of Nursing RN to BSN, RN to MSN and Concurrent programs Online and the Orlando, Cocoa, Seminole State College and Valencia College campuses.
11/04-7/10	Instructor, University of Central Florida College of Nursing, Orlando, Cocoa Campuses and Online.
06/04-11/04	Adjunct Instructor, University of Central Florida School of Nursing, Cocoa Campus and Online.

CLINICAL APPOINTMENTS:

2/16-present	Advanced Registered Nurse Practitioner, Schumacher Clinical at Sebastian River Medical Center, Sebastian, FL
1/07-2/16	Advanced Registered Nurse Practitioner, EmCare at Sebastian River Medical Center, Sebastian, FL

10/04-1/07 **Advanced Registered Nurse Practitioner**, Dirk Parvus, MD, Sebastian River Medical Center, Sebastian, FL

5/04-5/05 **Advanced Registered Nurse Practitioner**, Gloria Farina, MD, Family Practice, Vero Beach, FL

4/93-10/04 **Registered Nurse**, Critical Care and Emergency Departments, Indian River Memorial Hospital, Vero Beach, FL

PUBLICATIONS

REFEREED JOURNALS:

Heglund, S. D., Simmons, J., Wink, D. & Leuner, J. (In Press). Thirteen Years and Counting: Outcomes of a Concurrent ASN/BSN Enrollment Program. *Journal of Professional Nursing*. DOI: <http://dx.doi.org/10.1016/j.profnurs.2017.02.006>

Heglund, S. D. & Wink, D. (2011). Impact of Double Testing on Student Knowledge in a Professional Issues Course. *Journal of Nursing Education*, 50(5). 278-280.

EDITORIAL BOARDS AND REVIEWS:

Date	Organization	Role
2014-present	Florida Hospital Scientific Review Board	Proposal Reviewer
2013-present	Health Care Management Review	Manuscript Reviewer

PRESENTATIONS—NATIONAL/INTERNATIONAL

Date	Type	Title	Conference Title, City/State	Refereed/Invited
7/1/15	Podium	Teaching, Advising & Regulating Distance Instructed Students: An Innovative LMS Approach	Distance Learning Administration Conference, Jekyll Island, GA	Refereed
11/07/07	Poster	Evaluation of Knowledge Retention from Double Testing	American Association of Colleges of Nursing Baccalaureate Education Conference, New Orleans, LA	Refereed

PRESENTATIONS—LOCAL/REGIONAL/STATE

Date	Type	Title	Conference Title, City/State	Refereed/Invited
2/22/07	Poster	Paper or Plastic? Handwritten vs. Computerized Clinical Reminder Systems: A Comparative Review	Southern Nursing Research Society 21 st Annual Conference Poster Presentation	Refereed
9/26/08	Presenter	Interactive Distributive Learning for Technology-Mediated Course Delivery	University of Central Florida, Course Delivery & Web Services	Invited

10/13/06	Poster	Paper or Plastic? Handwritten vs. Computerized Clinical Reminder systems: A Comparative Review	Theta Epsilon Chapter of Sigma Theta Tau	Refereed
3/10/06	Presenter	Ears, Noses & Throats: Basic Assessments and Common Abnormalities	School Nurses Education Day Winter Park Health Foundation Winter Park Consortium of Schools	Invited
3/14/05	Presenter	Serious Conditions or Skipping Class? Headaches and Abdominal Complaints	School Nurses Education Day Winter Park Health Foundation Winter Park Consortium of Schools	Invited
10/12/04	Presenter	Common Sports and Playground Injuries	School Nurses Education Day Winter Park Health Foundation	Invited
10/12/03	Presenter	Evaluation and Treatment of Fever	Winter Park Consortium of Schools School Nurses Education Day Winter Park Health Foundation Winter Park Consortium of Schools	Invited

HONORS/AWARDS

Date	Award	Organization/Group
2017	Outstanding Faculty Academic Advising Award	Florida Academic Advising Association
2009	Excellence in Faculty Advising Award	University of Central Florida
2009	Excellence in Faculty Advising Award	UCF College of Nursing
2000	Laraja Foundation Clinical Excellence Award	Laraja Foundation, Indian River Memorial Hospital

PROFESSIONAL ACTIVITIES & COMMUNITY SERVICE

PROFESSIONAL ORGANIZATIONS:

Date	Organization	Role
2003 - Present	Sigma Theta Tau	Member
2003 - Present	Theta Epsilon Chapter, Sigma Theta Tau	Member, Board Member
2005 - Present	Phi Kappa Phi	Member

COMMUNITY SERVICE:

Date	Organization	Role
2016 – present	Theta Epsilon chapter, Sigma Theta Tau	Faculty Counselor
2014 - 2016	Theta Epsilon Chapter, Sigma Theta Tau	Governance Committee Chair
2012 – 2014	Theta Epsilon Chapter, Sigma Theta Tau	Governance Committee Member
2011 - present	Valencia College Nursing Education Advisory Board	Board Member
2010 - present	Seminole State College Nursing Education Advisory Board	Board Member
2009 - present	Annual Indian River County Day of Service	Photographer, Project Lead
2005 - present	Nursing Education Advisory Council, Brevard County	UCF Faculty Member
2006 – 2007	Theta Epsilon Chapter, Sigma Theta Tau	Governance Committee Member
2007 - 2009	Theta Epsilon Chapter, Sigma Theta Tau	Chair, Governance Committee
2007- present	BSA Troop, Team and Pack 578	Scout Committee Chair
2000- 2012	Visiting Nurses Association (VNA) of the Treasure Coast	Annual Christmas Gift Distributor
2001- 2004	Nursing Advisory Council, Indian River Memorial Hospital	Member
2001	Laraja Foundation Award Selection Committee	Member
1999-2002	ACS Relay for Life, IRMH Emergency Department Team	Member/Co-Leader

Date	Organization	Role
1994-2004	Indian River District Schools Volunteer Health Screener	Volunteer

UNIVERSITY ACTIVITIES

UNIVERSITY SERVICE: (Cumulative)

Date	Level	Committee	Role
2016	College	Strategic Planning Council	Council Member/Work Group Chairman
2016	College	Faculty Search Committees (2 committees for 3 positions)	Committee Chairman
2015/2016	College	Faculty Search Committee (2 positions)	Committee Chairman
2015-present	University	University Athletics Advisory Committee	Committee Member
2015-present	University	Faculty Center for Teaching and Learning Advisory Board	Committee Chairman
2015	College	Faculty Search Committee (7 positions)	Committee Chairman
2015	University	Foundations of Excellence – Transition Dimension Team	Committee Member
2013-2014	College	Undergraduate Faculty Search Committee	Committee Chairman
2013	College	Undergraduate Faculty Search Committee	Committee Member
2013	College	Instructor/Lecturer Promotion Review	Committee Member
2012	College	Instructor/Lecturer Promotion Review	Committee Chairman
2012-present	University	Faculty Center for Teaching and Learning Advisory Board	Committee member and CoN Liaison
2009-present	College	Undergraduate Admissions, Progression and Graduation Committee	Committee Chair 2011, 2012, 2013, 2014, 2015 Member 2009, 2010
2009-present	College	Honors in the Major, Cocoa Campus	Coordinator
2008-2009	College	Simulation Task Force	Member
2008	College	Structure & Bylaws Work Group	Member
2007-2009	College	Student Affairs	Committee Chair
2005-2006	College	Student Affairs	Member

DISSERTATION / THESIS / RESEARCH PROJECT ADVISING:

Dates	Student	Title	Level	Role
2017	Nathanael Mercado	The Use of Humor in Nursing	Honors in the Major	Committee Chair
2017	Taylor Tachon	The Golden Hour of Trauma Nursing Care	Honors in the Major	Committee Chair
2017	Isaiah Moser	Protocol Based Screening Tools to Identify Sepsis Patients Transported by Emergency Medical Services	Honors in the Major	Committee Member
2016	Ivory Catalano	An Exploratory Inquiry and Creation of Emergency Room Discharge Education Materials	Honors in the Major	Committee Chair
2015	Pamela Sanders	Bedside Shift Report and the Patient Experience	Doctoral	Committee Member

Dates	Student	Title	Level	Role
2015	Tracy Decker	Increasing Patient Satisfaction with Implementation of Bedside Shift Report	Doctoral	Committee Member
2015	Jessica Elermets	The Effects of Auditory Stimuli on Stress Levels of Mechanically Ventilated Patients in the Acute Care Setting	Honors in the Major	Committee Chair
2015	Kathrine Casto	Nursing Interventions to Prevent Necrotizing Enterocolitis	Honors in the Major	Committee Chair
2013	Laura Bagge	Economic and Ethical Impacts of Video Surveillance in the Clinical Area	Honors in the Major	Committee Chair
2013	Kelly Hoskins	The Possible Role of Burnout in Nursing Errors	Honors in the Major	Committee Chair
2012	Breanna Anderson	Ethanol lock therapy in the treatment and prevention of catheter-related blood stream infection.	Honors in the Major	Committee Chair
2012	Amanda D'Ambra	Minimizing incivility in the workplace to increase retention of new graduate nurses.	Honors in the Major	Committee Member
2011	Amber Major	An investigation of self care modalities for the effective treatment of lymphedema	Honors in the Major	Committee Chair
2011	Brittainy Gisi	Influence of peer mentorship on nursing education and student attrition	Honors in the Major	Committee Chair
2010	Lydia Watkins	Improving nonverbal communication between nurses and deaf and hard of hearing children	Honors in the Major	Committee Chair
2010	Mindy Klaproth	Patient outcomes of sexual assault victims examined by sexual assault nurse examiners	Honors in the Major	Committee Chair
2010	Lindsey Kimmerling	Recommendations for the prevention of nursing burnout	Honors in the Major	Committee Chair
2010	Giselle Hively	Nurses helping returning military personnel with PTSD	Honors in the Major	Committee Chair
2010	Jessie Cameron	Family presence during resuscitation of adult patients	Honors in the Major	Committee Member

COURSES TAUGHT:

Semester	Course	Course Name	Enrollment	Role
Spring 2017	NSP4495.0W59	Emergency Department Nursing	33	Instructor
	NUR4257.0W62	Introduction to Critical Care Nursing	28	Instructor
	NUR4604L	Community and Public Health Practicum for RNs	178	Lead Instructor
Fall 2016	NUR4837.0W56	Health Care Issues, Policy & Economics	30	Instructor
	NUR4837.0W55	Health Care Issues, Policy &	26	Instructor Mentor

Semester	Course	Course Name	Enrollment	Role
		Economics		
	NUR4837.0W62	Health Care Issues, Policy & Economics	33	Instructor Mentor
	NUR4604L.0W57	Community and Public Health Practicum for RNs	30	Lead/Instructor
Summer 2016	NUR4604L.0W59	Community and Public Health Practicum for RNs	15	Lead/Instructor
	NUR3165.DM70	Nursing Research	36	Instructor
Spring 2016	NSP4495.0W59	Emergency Department Nursing	26	Instructor
	NUR4604L.0W54	Community and Public Health Practicum for RNs	31	Lead/Instructor
	NUR4971H.0206	Honors Thesis	1	Instructor
Fall 2015	NUR4637.0W57	Health Care Issues, Policy & Economics	31	Instructor
	NUR4828.0W64	Nursing Leadership, Management & Role Transitions	28	Relief Instructor
Summer 2015	NUR3165.DM70	Nursing Research	33	Instructor
	NUR4604L.CW55	Community and Public Health Practicum for RNs	29	Lead/Instructor
	NUR4906.001	Independent Study	1	Instructor
	NUR4971H.C201	Honors Thesis	1	Instructor
	NUR4971H.C202	Honors Thesis	1	Instructor
Spring 2015	NUR3165.0W58	Nursing Research	35	Instructor
	NUR4604L.0W57	Community and Public Health Practicum for RNs	31	Lead/Instructor
	NUR4907H.0202	Honors Directed Readings	1	Instructor
Fall 2014	NSP4495.0W59	Emergency Department Nursing	18	Instructor
	NUR4604L.0W54	Community and Public Health Practicum for RNs	33	Lead/Instructor
	NUR4837.0W57	Health Care Issues, Policy & Economics	35	Instructor
	NUR4904H.0205	Honors Directed Readings	1	Instructor
Summer 2014	NUR3065.C085	Health Assessment	11	Instructor Mentor
	NUR3065L.C086	Health Assessment Lab	11	Instructor Mentor
	NUR3165.DM70	Nursing Research	35	Instructor
	NUR4604L.CM70	Community and Public Health Practicum for RNs	30	Lead/Instructor Instructor
	NUR4906.AW63	Independent Study	1	Instructor
Spring 2014	NUR3165.0W58	Nursing Research	36	Course
	NUR4604L.0W57	Community and Public Health Practicum for RNs	27	Lead/Instructor Instructor
	NUR4912.0001	Research	1	Instructor
	NUR4971H.0206	Honors Thesis or Project Works	1	Instructor/Mentor
Fall 2013	NUR 3125.0W57	Pathophysiology for Nursing Practice	35	Instructor
	NUR3165.0W57	Nursing Research	36	Course
	NUR4604L.0W54	Community and Public Health Practicum for RNs	26	Lead/Instructor Instructor
	NUR4906.0011	Independent Study	1	Instructor

Semester	Course	Course Name	Enrollment	Role
	NUR4907H.0201	Honors Directed Reading Research	1	Instructor
	NUR4912.0001	Independent Research	1	Instructor
Summer 2013	NUR 3165.DM70	Nursing Research	35	Instructor
	NUR 3165H.D201	Honors Nursing Research	14	Committee Chair
	NUR 4971H.0201	Honors Thesis	1	Committee Chair
	NUR 4907H.C201	Honors Directed Reading	1	Instructor
	NUR 4906.C001	Independent Study	1	Instructor,
	NUR 4760.DW61	Principles of Pain Management	35	Emergency Relief
	NUR 4837.DM01, DM02	Health Care Issues, Policy & Economics	59/54	Co-Instructor, Emergency Relief Instructor
Spring 2013	NUR 3805.OW58	Dimensions of Professional Nursing Practice	24	Instructor
	NUR 3165.OW58	Nursing Research	31	Co-Instructor
	NUR 4604L.OW55	Community and Public Health Practicum for RNs	27	Instructor
	NUR 4604L.OW57	Community and Public Health Practicum for RNs	31	Co-Instructor
	NUR 4604L.OW62	Community and Public Health Practicum for RNs	30	Instructor
	NUR 4906.0001	Independent Study	1	Committee Chair
	NUR 4907H.0202	Honors Directed Reading	1	Committee Chair
	NUR4971H.0201	Honors Thesis	1	Instructor
Fall 2012	NUR 3165.OW57	Nursing Research	42	Instructor/Mentor
	NUR4604L.OW54	Community and Public Health Practicum for RNs	28	and Coordinator
	NUR 4604L.OW56	Community and Public Health Practicum for RNs	28	Instructor/Mentor and Coordinator
Summer 2012	NUR 3165.CM70	Nursing Research	31	Instructor
	NUR 3165H.D201	Nursing Research, Honors	18	Instructor and
	NUR 4604L.CM70	Community and Public Health Practicum for RNs	26	Coordinator
Spring 2012	NUR 3805.OW58	Dimensions of Professional Nursing Practice	48	Instructor
	NUR 4604L.OW57	Community and Public Health Practicum for RNs	31	Instructor/Mentor and Coordinator
	NUR 4837.OW56	Health Care Issues, Policy & Economics	45	Instructor
	NUR 4837.OW58	Health Care Issues, Policy & Economics	44	Instructor
	NUR 4917H.0203	Honors Thesis	1	Faculty Mentor
	NSP 4495.OW59	Emergency Department Nursing	30	Instructor
Fall 2011	NSP 4495.OW59	Emergency Department Nursing	31	Instructor
	NUR 4604L.OW56	Community and Public Health Practicum for RNs	30	Instructor
	NUR4837.OW59	Health Care Issues, Policy & Economics	37	Instructor

Semester	Course	Course Name	Enrollment	Role
	NUR4906.0001	Independent Study	1	
Summer 2011	NUR 3165.CM70	Nursing Research	29	Instructor
	NUR 3165H.D201	Nursing Research, Honors	14	Instructor
	NUR 4917H.C201	Honors Thesis	1	
				Instructor
Spring 2011	NUR 3065.0070	Health Assessment	37	Faculty Mentor
	NUR 3065.0W56	Health Assessment	37	Instructor
				Instructor
	NUR3065L.0071	Health Assessment Lab	18	Faculty Mentor
	NUR3065L.0070	Health Assessment Lab	19	Instructor
	NUR3065L.0M79	Health Assessment Lab	21	
				Instructor
	NUR3905.0001	Independent Study	1	Faculty Mentor
	NUR4604L.0W57	Community and Public Health Practicum for RNs	13	Faculty Mentor
	NUR4604L.0W61	Community and Public Health Practicum for RNs	12	Faculty Mentor
	NUR4604L.0W62	Community and Public Health Practicum for RNs	15	Instructor
	NUR4604L.0W63	Community and Public Health Practicum for RNs	15	Instructor
	NUR4837.0W59	Health Care Issues, Policy & Economics	38	Instructor
	NUR4971H.0270	Honors Thesis	2	
				Instructor
	NUR3165.0W59	Nursing Research	30	
Fall 2010	NUR 3805.0M79	Dimensions of Professional Nursing Practice	19	Faculty Mentor
	NUR4837.0W59	Health Care Issues, Policy & Economics	25	Instructor
	NUR4907H.0270	Honors Directed Reading Research	6	Instructor
Summer 2010	NGR5745.BW59	Professional Obligations and Activites of Advanced Practice Nursing	45	Instructor
	NGR5883.AW59	Cultural, Legal & Ethical Considerations of Advanced Practice Nursing	74	Instructor
	NSP4495.CW59	Emergency Department Nursing	26	Instructor
	NUR3165.CM79	Nursing Research	40	Instructor
	NUR4971H.C270	Honors Thesis	1	Instructor
Spring 2010	NGR5745.0W61	Professional Obligations and Activites of Advanced Practice Nursing	29	Instructor
	NUR3065.0070	Health Assessment	41	Instructor
	NUR3065.0M79	Health Assessment	9	Instructor
	NUR3065L.0071	Health Assessment Lab	20	Instructor
	NUR3065L.0072	Health Assessment Lab	21	Instructor

Semester	Course	Course Name	Enrollment	Role
	NUR3065L.0M79	Health Assessment Lab	9	Instructor
	NUR3165.0W59	Nursing Research	52	Instructor
	NUR4907H.0270	Honors Directed Reading	2	Instructor
	NUR4971H.0208	Honors Thesis	3	Instructor
Fall 2009	NGR5745.0W61	Professional Obligations and Activites of Advanced Practice Nursing	30	Instructor
	NUR3065L.0W54	Health Assessment Lab	15	Faculty Mentor
	NUR3165.0W59	Nursing Research	32	Instructor
	NUR3805.0M79	Dimensions of Professional Nursing Practitce	17	Instructor
	NUR4837.0W59	Health Care Issues, Policy & Economics	29	Instructor
	NUR4907H.0270	Honors Directed Reading	3	Instructor
Summer 2009	NGR5745.DW61	Professional Obligations and Activites of Advanced Practice Nursing	29	Instructor
	NGR5883.DW61	Cultural, Legal & Ethical Issues of Advanced Practice Nursing	37	Instructor
	NUR3165.CM70	Nursing Research	34	Instructor
	NUR4837.DW59	Health Care Issues, Policy & Economics	40	Instructor
Spring 2009	NGR5745.0W61	Professional Obligations and Activites of Advanced Practice Nursing	26	Instructor
	NGR5883.0W61	Cultural, Legal & Ethical Issues of Advanced Practice Nursing	29	Instructor
	NUR3065L.0070	Health Assessment	40	Instructor
	NUR3065L.0071	Health Assessment Lab	20	Instructor
	NUR3065L.0072	Health Assessment Lab	20	Instructor
	NUR4837.0W59	Health Care Issues, Policy & Economics	40	Instructor
Fall 2008	NGR5745.0W61	Professional Obligations and Activities of Advanced Practice Nursing	15	Instructor
	NGR5746.0W61	Cultural, Legal, Ethical & Polictical Issues of Advanced Practice Nursing	26	Instructor
	NUR3065.0W59	Health Assessment	57	Instructor
	NUR3065L.0W58	Health Assessment Lab	31	Instructor
	NUR3065L.0W59	Health Assessment Lab	26	Instructor
	NUR4837.0W59	Health Care Issues, Policy & Economics	42	Instructor
Summer 2008	NGR5745.DW61	Professional Obligations and Activities of Advanced Practice Nursing	30	Instructor
	NUR3165.CM71	Nursing Research	37	Instructor

Semester	Course	Course Name	Enrollment	Role
	NUR4604L.CW59	Community and Public Health Practicum for RNs	15	Instructor
	NUR4932L.C072	Public Health Clinical	12	Instructor